



Introduction

Thank You Very Much For Purchasing My Book!

It has taken me a long time to figure out all of the things—that you are about to learn in this book. I have spent years to understand this stuff.

My Story:

Like each of you—I am actually a normal man—who went through a point in life where I decided that I have to get this part of my life called “Love” handled.

I will not bore you with the details. I have all most all the qualities every woman desires in man—like a good job, good salary, good character and looks—yet struggled to get a girlfriend for several years. Ironically, most men could not believe the fact that I was a single whenever I interacted with them.

Several years ago—one fine afternoon—I happened to see a beautiful woman with whom I fell in love instantly. I did everything right as per mainstream advice. Out of luck, things went well initially with her—somehow things went out of control later.

She began avoiding me—and I felt helpless, weak and depressed. My love was true—and I loved her sincerely—yet she did not get the feel of it. I am sure I was a much better match to her—but yet I had no clue why she did not love me.

I was just wondering why she did not understand my true love even if I did everything correctly as per mainstream advice.

My Breakthrough Discovery:

I had another female friend—who is similarly beautiful like the girl whom I loved. Off late, my female friend started liking me even if I did not show any interest in her.

I was quite confused—the girl I loved sincerely started liking me yet the girl I did not show any interest started liking me madly.

Then I took a commitment that I would figure out this LOVE thing at any cost. I spent several years on understanding my beautiful women—interacting and studying their behavior—in all lifestyles.

To my shocking, what we, men, think as right things—what is taught in mainstream advice—is hypocrisy. This hypocrisy made me to waste almost 2 years of my time convincing her to understand my true love.

The more I studied them—things that “DID NOT MAKE SENSE” actually “WORKING” with women.

I saw many beautiful women—hang out with men that have average looks and income. When I teased a beautiful woman, she liked me more than I was nice to her. I was respected when I did not entertain her drama than giving more attention to it. During that process, I have discovered many million-dollar Aha moments.

To make a long story short—I made rapid progress by learning from these “insights”. And I took the things I learned, tested and refined the ideas into a system and put it all together for myself.

It is not my style to brag, but the fact is that I have dated many amazing women over the last several years. I have taught my system to my friends and colleagues—they got amazing success with women. One of my friends loved a girl several years and she dumped him—he almost went to a point—he thought of committing suicide. I taught him my system—he used the things I thought—now he not only got a pretty supermodel and he is running his own business as well.

Now it is your turn to learn my simple 3-step system. If you read and implement all the things that I am going to tell you in this book—I will assure that you will get many amazing women.

Thank You
Sam

And do me a favor: E-mail me your ideas, comments, and complaints. I want to know what you think.

You can e-mail me at—sam@leadyourlove.com

Now let's have some fun!

Notice To Bad Guys—Who Wants To Go To Jail And/Or Get Sued:

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TABLE OF CONTENTS

INTRODUCTION	3
TABLE OF CONTENTS	8
1 WHY YOU MUST LEAD YOUR LOVE?.....	12
1.1 Have you ever faced this situation with a woman?.....	13
1.2 What does love mean to you?.....	15
1.3 What is your purpose as a man?	22
1.4 Lead your love to become successful with women:	25
1.5 Have a clear objective in your mind:.....	36
2 ACT METHOD—YOUR SUCCESS ALLY WITH WOMEN	39
2.1 How ACT method was born?.....	40
3 APPROACHING WOMEN (STEP-1)	42
3.1 What is approaching women?.....	43
3.2 How to approach women:	45
3.3 Approach styles:.....	47
3.4 How to use body language correctly:.....	49
4 CONVERSING WITH WOMEN (STEP-2).....	57
4.1 Content for conversation—what to say to women	58
4.2 Conversation styles—how to talk to women.....	63
4.2.1 Direct:	63
4.2.2 Opinions:	66
4.2.3 Fact:	69
4.2.4 Advice:	73
4.2.5 Situational:	76
4.2.6 Think (Assumption):.....	78
4.3 Connecting with women at emotional level.....	81
4.4 Confidence in a man	88
4.5 key points to remember:.....	91
5 TAKE THINGS FORWARD (STEP-3).....	94
5.1 How to get phone numbers from a women?.....	94
5.1.1 Understand what she means:.....	94
5.1.2 Here is when she gives her number	98
5.2 The 6-best ways to get phone numbers:.....	100
5.2.1 Direct style:	100
5.2.2 Lead style:.....	101
5.2.3 Silent style:	104
5.2.4 Storytelling suspense style:	104
5.2.5 Email style:.....	107
5.2.6 Invite style:.....	108
5.3 Key points in getting phone numbers:.....	110
5.3.1 When to call a woman:	112
5.4 What really attracts women to men?	112
5.5 How to attract beautiful women	114
5.5.1 Humor:	116
5.5.2 Challenge:.....	117
5.5.3 Validation:	119

5.5.4	Value & status dynamics:	122
5.5.5	Attractive character—attracts beautiful women without being rich & handsome:	124
5.6	First date tips—how to impress her on your first date: ...	127
5.7	How to avoid friend zone with your special woman:	130
5.8	The 15 obvious signs she is not interested:.....	133
5.9	How to stop being boring with women?	135
5.10	Top 10 mistakes to avoid as a single man:	139
5.11	Never convey your interest in advance:.....	140
5.12	Avoid these 3-types of women:	141

6 WHY MOST MEN FAIL WITH WOMEN & HOW YOU CAN OVERCOME?

6.1	The LIAR inside You:	147
6.1.1	Limiting beliefs:.....	148
6.1.2	Idealism:.....	153
6.1.3	Approach reluctance:	156
6.2	Why do you have LIAR inside you?	162
6.2.1	Social conditioning:.....	162
6.2.2	Reference groups:	168
6.3	How do you overcome your LIAR?	169
6.3.1	Overcoming limiting beliefs:.....	170
6.3.2	Overcoming idealism:	172
6.3.3	Overcoming approach reluctance:	175

7 ACT—GET YOUR DREAM GIRL.....

7.1	How to choose the best places to meet women:	184
-----	--	-----

7.2	Best places to meet women:	185
7.3	Why did not you have a dream girl in your life?.....	196
7.4	Here is how to get your dream girl:.....	202
7.5	Action plan—how to implement what you learned:.....	204

1 Why You Must Lead Your Love?

1.1 Have you ever faced this situation with a woman?

Hi, Man, you were walking on the street thinking about upcoming exams or meeting a project deadline.

All of a sudden, you saw a beautiful woman going on the street. She was not just a beautiful woman, an incredibly gorgeous and sexy woman. Everything seemed still for a moment as if she was the angel born for you.

You thought for a second...

"My life is meaningless... a total waste... and it is better to stop doing all and to join monks if I cannot get this woman".

She moved you crazily.

Then you quickly walked towards her...

She was approaching nearer to you...

In that moment, you started thinking in your head...

"What to say, what to say."

You wanted to say something, anything and everything that makes her your girlfriend....

She came almost nearer you....

But the BIG PROBLEM...

The nearer she approached you...

Your heart was beating more and more...
Palms started sweating...
Your voice crackled...
She came nearer you...
But you could not utter a single word...
She went away...
Oops...

After that incident, you felt very sad and started blaming yourself...

What happened to me...?

Why I could not utter a single word...?

What made me so dumb in front of her?

You were thinking about her in your head like this...
days, weeks and months have gone by...but you still remember her...

I am sure there must more situations like these in your life....

You know that YOU ARE SUCH A NICE GUY...you SERVE HER, for that matter any beautiful woman...

You saw many unattractive jerks hanging out with many beautiful women...

You do not want many...but you want a single incredible man like her...

If you read and implement all the things that I am going to tell you in this book—I will assure that you will get many amazing women.

1.2 What does love mean to you?

Hey man, what is love, dating, or attraction? What is your opinion about love and what do you think love is? What is your perception of love and how did you form that perception until now?

You must have already been in love or wanted to be loved or might be looking for your special woman. You must be doing all the things you wanted to do and beloved.

However, have you ever asked yourself what exactly does love mean for a couple? Have you ever asked what exactly does love mean to you? How much will love help to become a better person vs. drag you down? Is love a need, want, desire or must in life? And what is the drama you are watching around in the World?

Now you must be wondering what I am going to tell you about this. I will give you my most important insights as you read this book further.

Now, let us first understand some common notions we usually listen in society and we believe them subconsciously as we are.

- Love is divine
- Love is unique
- Love is life beautiful
- Love happens once in lifetime
- There will be one person who born for you and you find her or him when time comes
- When you are in love tell the feeling to the women you are in love within few minutes of interacting with her
- Be honest and express your feelings
- You will find true love rarely
- Die for the true love
- If you truly love a woman you will even ready to die for her
- Love a girl more than your life
- Attraction is temporarily and love will be forever
- You are unfortunate if you don't be loved by someone especially women you want
- If you are in love, you have miraculous power and you can do wonders in the World

My question is—how many of the above beliefs did help you to get the woman you want. Did these beliefs help you to

become a better person in some way? These idealistic beliefs are one of the key reasons why most men fail with women.

I learned the fact in a hard way about these beliefs from my own experience and experiences of others whom I know. But the reality is often unnoticed by your naked eye and unknown to your conscious mind. You cannot see the truth as society influences you continuously. The result—you struggle for very things that should naturally available to you.

Today, wherever you are, you are no different from a reference group of environment you were brought up.

Sometimes, you need a new guru who pushes you towards right path your naked eye and conscious mind cannot see.

My Take: Love, dating, attraction or marriage is a different form of human mating process. You may call the process as love, dating, a formal marriage, or just a casual sex.

All these are various ways to reach to a means of the human mating process. You are at this very phase of your life if you are ready for mating.

You mate with your opposite sex and reproduce and your genes survive and pass onto the next generation. That is the deal and the very purpose of love or dating or marriage.

Apart from that reproductive process, you will also get happiness & pleasure physically, mentally and emotionally while you love or date or mate with your partner.

We all know that our human species started our journey some thousands of years ago. According to the Christian mythology, the human species started with only two people, a man and a woman, Adam and Eve, only two on the earth. Then, the mating process was automatic to them and could have happened naturally. Hence, neither Adam nor Eve might have struggled to understand the process, as they were only two members on the earth.

However, today you and I live among approx. 8 billion people on this earth. Over the thousands of years, our human solutions have progressed massively.

Inventions and innovations that helped us lead a comfortable life. During the process, we had to consume massive information that has tremendous influence on the way we live, behave or follow certain belief systems.

Today, wherever you are, you are no different from a reference group or environment you were brought up.

For instance, look at the lifecycle of a human being. Each human being goes through the same phases in his or her life cycle: After a man born, he would be brought up, during the process gets educated, gets a job

or might not go to a college or does laborious jobs or do some kind of work. Then, he gets married to a woman he loves or arranged by his family. Then, he has children, bring them up, send them to school or college, and make them independent adults and get them married. Then, he sees their grand children and their progress. Once the man reaches his old age, his life expires and the human being cycle ends.

The above phases are goals every human goes through are the same but the ways they choose to reach them vary depending on their reference groups or environment.

For instance, irrespective of a man's status he goes through all these phases in his life. A man does not need to be a millionaire to go through these phases. A daily wageworker will go through these phases in life as well.

Why am I telling this philosophy?

The secret to better life is to design the phases of our life in a way we want and live a better and happy life with the women we want.

Could a daily wageworker be happy in his life if he starts comparing himself with a millionaire?

He could never be happy. Sadly, that is what we were conditioned to do in our life. Our environment continuously pushes us to compare with others who have more things.

A man does not have to be a millionaire to go through all the phases in his life. He does not need money to attract a woman. A man—himself—is enough to attract a woman.

The society sets the unimportant, meaningless targets and pushes us to chase them continuously.

For instance, you believe that looks and money matter in attracting a woman. As a result, you believe that studying at a corporate college and getting a good job is necessary to attract a woman you want.

What you need, however, is to understand a woman's mind to attract her, not a college degree in computers.

Having a computer degree with good income could make you a better provider to a woman. This is, however, not a guarantee that you will get to attract her.

The social conditioning, however, made you chase things that are not important to you. The society has its own benefits.

For instance, a Gym coach convinces you a six-pack physique will get a woman you want. The reality is you will get a better health, not a woman.

A clothes manufacturer convinces you that wearing his clothes will get you a woman. The clothes, however, only make you look better.

A car manufacturer convinces you having their car will get you a woman, likewise a bike manufacturer. Role models who are the users of these brands made us believe that these are necessary.

Each time you are convinced they win in terms of a purchase and money. All of them have some or other benefit by making us believe wrong things or delay our success with women.

Imagine, if you believe that none of the products you use in your day-to-day life could help you to get a woman, how difficult it would be for all other people in society to convince you.

If you want to become successful with women, you must stop believing this drama.

*If you want your life be exciting and spiced up
come out of that comfort zone and lead your love. -Sam*

3 What is your purpose as a man?

Have you ever asked yourself the most important question "What is the purpose of my life"? If you do not understand what your purpose as a man you will not live a life that is true to you. You just live a life of others and meet others' needs and expectations. In that case, your core beliefs will never be congruent to a masculine man. You will never be sure of what you do.

Let me define a broader purpose of a Man for your reference. Though every man's purpose is unique, your purpose as a man is to live, to love and to contribute your unique gifts.

That is all. A Man's purpose is to live, love and contribute to a bigger picture. Your purpose is to live, love and contribute to the world to make it a better place to live in.

**The most important thing in your life
must always be YOU.**

What do I mean by live —to live a life you would like to live—not the others expectations of how you should be living your life. Love means—to love you and others—without neediness. Contribute means your journey as a Man towards the greater benefit of the human species.

Now, let me ask you:

- Did you live your life so far?
- Did you love so far?
- Did you contribute so far?

Since our topic is love, If at all you want to love—in your life— whom you have to love first?

- Your parents,
- Your friends,
- Your wife, or
- Your special woman

It is YOU, it is YOU, and it is YOU, Man.

Love yourself first, have the purpose in life and live your life fully. If you do not live life fully you cannot contribute to the world on the bigger perspective.

Are you wondering why Sam is telling all the philosophical things to get the dates or attracting women?

If you do not understand—the overall picture of what life you will work on quick fixes. You will not address the issue at a deeper level—the things I said do not make any sense to you initially but as you go through the process, you will understand why these are important. These things will help you achieve your purpose as a man.

Then, learning any new skill makes sense to you. That skill contributes to the very essence of becoming a mature masculine man. The core skill of a man is his ability to attract a woman he wants.

**The core skill of a man is
his ability to attract a woman he wants.**

Any time you look at the expectations of the society you will lose in touch with your masculinity and you will gain in touch with the community to meet their meaningless standards.

You know the results. You are chasing the very basic things that naturally meant for you! As a result, you will no longer behave like a man and you require additional quick fixes and extra fits to feel confident.

So, lead your love and live your purpose!

1.4 Lead your love to become successful with women:

Like you, many men, Ram was a college student and a very nice guy. His parents, teachers and friends were appreciative about his behavior. He was very good studies also and after completion of the college studies he got a nice job at one of the famous multinational company.

He was a reserved approval-seeking man by his nature and was very down to earth. He, however, had a problem in attracting any girl. In the college, he used to interact with many of his female college mates and most of them used to say he was a nice guy. Nevertheless, none of them was interested to hang out with him.

Ram remained a single man in the college days. He thought, he could get his dream girl once get a good job. The things did not work out in the office as well. He passed time hoping, worrying that some day he would find a dream girl.

Finally, that some day came and he saw his dream girl. He approached and interacted with her. Things went well for a couple of weeks. Then, the girl began avoiding Ram. Ram came emotional and expressed what he feels about her.

The more Ram tried to become closer to her, the more she was going away from him. He was upset. He is a very nice, reserved, approval-seeking man.

Everyone in the society says a girl should be lucky enough to get a man like Ram. He is a very good person. Even he heard many women saying they want a good man.

He was very upset. Why a girl say she want a sincere, nice and approval seeking man but when she find someone she avoids.

A man does something or other to get a woman he wants.

Then why do not he does correct thing with a purpose to get the results he wants.

The most frustrating thing for Ram is the mainstream advice. When he was in college, all people advised him to focus on career. As most men do, he did the same.

The mainstream advice is—if you become successful in your career, women like you automatically. Ram became successful in his career but no girl of his choice would want to date him.

After spending years of time, he saw another girl, he did the same things taught by mainstream advice but failed again.

Ram used to believe that love happens automatically and he waited many years to get his dream girl. Later, he realized that he only wasted his precious time by believing those meaningless social teachings.

When it comes to love, Like Ram, most men believe that love is something that happens automatically.

But, is it true?

If love happens to you automatically, you do not need to do anything in life.

In that case, love finds you automatically. When time comes, your dream girl should come to you automatically and propose you. Wow! Everything in life would be easy for you.

What I mean is you do not need to go top-notch colleges to get high paying jobs to compete with other men to impress any woman. You do not need to do anything—whether being nice to a woman, buying her gifts, or taking her to expensive restaurants—to impress her.

Men, however, do all the things I said.

If love happens automatically, why a man is required to do something to impress a woman?

Whether you believe love happens automatically or not, you would agree with me, most men do something to impress a woman. Then why do not we do correct thing— with a purpose—to get the results we want so that you can speed up the process.

you want to get a woman—you have wanted always—you need to do:

Understand male-female psychology is different. Hence, a man and a woman think and act differently in a same situation.

Understand that attracting a woman is just a skill like learning how to type on a keyboard, learning how to ride your bike, learning how to drive your car. You

cannot become good until you understand all things properly at once. You need to go through some steps and a process to reach your maximum potential.

Similarly, you have to learn a woman's mind, learn to approach, converse and take things forward with her. For instance, if you do not understand that attracting a woman is a skill someone who understand it, will attract the woman you want. Then you need to have courage to bear that pain.

So, learn the skills and lead your love

Imagine two scenarios in your love life: The first one you think love happens automatically to you and the second one you lead your love.

Scenario 1: Love Happens Automatically:

If a man thinks like Ram that love happens automatically to him, the sad thing he does is he does not take any action to get a woman he wanted.

Then the worst part is he hopes and waits until love happens to him automatically.

1. **Hope**
2. **Expect from others**
3. **Reactive**
4. **No control**
5. **Frustrated**

As love happens automatically, now is he is depended on the woman to make love happen. If a woman he likes— likes him—he is lucky. If a woman he likes—not likes him—he has to wait it again.

As he has no control over the results he wanted, he will become reactive to what happens in his life and he will become frustrated with love.

"If you believe, love happens automatically you have to wait until love finds you. It may take a day, a week, a month, a year, a decade or your entire life."

Alarmingly, 8 out of 10 men believe that love happens automatically.

Scenario 2: Lead your love:

If a man thinks that love does not happen automatically to him, the good thing he does is he takes necessary action to get a woman he wanted.

That means he acts on his own. He takes action willingly by learning the skills he needs to attract that woman.

He seeks help proactively from the men who have been already successful with women. He learns, understands and does the same things they did and becomes successful.

Therefore, if you lead your love, you lead your happiness.

You will take action, acts on your own, think proactively and have control over most of the things in life. You will become the source of happiness and you do not need someone make you happy.

1. **Take action**
2. **Act on your own**
3. **Proactive**
4. **Have control**
5. **Happy**

In fact, others will be embraced in your presence—because you make others happy. That is what all the humans are searching for in life. Definitely, your dream girl must be looking for it.

The irony, most of us does not know where to find happiness.

The Story of Happiness:

There was a great King in the ancient times who wanted to find a gorgeous woman called Happiness and marry her. He conquered the entire World and searched for "Happiness" and bu

l not find her anywhere in the entire world. One fine day, he
t a great scholar— after tired to find her endlessly— and told
n his story.

Then, the King asked the Scholar whether he could help. The
olar asked the King,

Did you check in you?

The King could not believe what the scholar said for some
ie.

Did you check inside you? The scholar said again.

Hope, you got the hang of it.

Yes, Man, you are the happiness.

**Be happy and celebrate your life—women will
come up to you—women will love you.**

That is the big secret. Happiness, an emotion just like
ger comes and goes. The more you invite the happiness, the
quent it will come to you. Unfortunately, you were
nditioned to open the door only when you have money, or
a dream girl or did something amazing.

Imagine how many times you have opened the door in
ur life so far.

It is waiting at your doorsteps because you shut the door.

*The man who is having a good time with whatever
he does, is fun and celebrates his life throughout the
journey is most attractive to a woman and she wants to
be part of that happiness.*

**A woman does not want a sincere weak version
that our society portrays as true and sincere lover
like the Romeo who died for Juliet.**

You will become the man—a woman always dreamed of
having—only when you lead your love.

- Stop what others would think of you,
- Act towards to your path, and
- Become your best self.

What I mean here, most men desire beautiful women—for
dating, loving and mating—but they never take any action in
right direction.

As I mentioned earlier, Let me make it clear that “love does not happen automatically and you have to make it happen” that is why you have to lead your love.

Why do you want a woman or a beautiful woman?

The fact is—whether you accept it or not—you associate pleasure and happiness with a woman. You believe and feel having a woman or a beautiful woman brings you happiness and pleasure. That is why you want to date or mate that beautiful woman. In fact, at the core you want to be happy.

Remember the word Happiness here. When you desire a woman to love you, what you mean actually is an association of happiness with her. In other words, you are arching your happiness through love by a woman.

If you think love happens automatically, you will be in a reactive mode and your state of happiness will be depended on a woman.

"If you lead your love, you will lead your happiness."

“No matter what—never let a woman dictates your happiness.” - Sam

Million dollars quote Copyright @ SAM ☺

You do not need to suffer to get love:

Live a life that is true to you—all pain, fears and misery you go through in life come when you live a life expected by others.

If your life is built based others expectations and perceptions, you will look at things only on a surface level. You will not understand things deeply what these things meant for you. Society will exploit you. You do not understand the game of society easily. You will suffer for things that really do no matter to you at all. You live other people’s life.

The very purpose of life is to live a life we want to live, not others expectations. You know—at subconscious level—love is meant for happiness.

Then why do you to suffer to get love? Because to this day you have consumed massive information over different

annels—movies, television shows, fiction stories—that made our thought process and emotional state.

Unfortunately, most of what you learned through these channels is making you weaker.

You do not need to suffer to get the love.

Let me remind you the very purpose you look for love is to be happy. You cannot be happy if you believe really that love opens automatically to you.

So, lead your love and lead your happiness.

5 Have a clear objective in your mind:

If you do not know where you are going, any road you will take you to your destination.

What is your objective? You will only become a successful man when you have a clear-cut objective.

For instance, my objective was to get married when I first began learning how to be successful with women. Most so-called dating gurus suggested me—when I sought advice—to visit nightclubs & bars.

My dream girl, however, would never visit that place. All dating gurus had advised me from their own point of view.

I went on the field, did my own research, and figured out things for myself.

What is your objective?

- Do you want a special woman to marry?
- Do you want a woman to be a girlfriend for long term?
- Do you want women for short-term dating?
- Do you just want like-minded women to have casual sex?

Whatever the objective it might be, having a clear one not only gets you speedy results but also saves you a lot of time, effort and energy.

- There is no point in going to a nightclub if you do not want a drunken baby.
- There is no point in attracting highly intelligent and much focused attractive woman if you just want casual sex.

- There is no point of going to nightclubs just to get a beautiful girlfriend.

Why I am stressing here is—your targeted places for approaching women will defer based on your interest. Before you approach a woman, you have to decide the type of a man you want. Then you can go to the places where these men come regularly.

First, go for the type of woman you want the most and then you can always add other types later.

I, however, will teach you a three-step ACT method that will enable you to approach any woman you want and make you successful with all type of women.

2 ACT Method—Your Success Ally With Women

How ACT method was born?

Have you ever tried searching on the internet about how to get a girlfriend?

I did when I began learning how to succeed with women.

When search you will find more free info on how to succeed from so called gurus. The more you try that stuff the more confused you will become.

For example, a guru from USA says you should understand men psychology, another guru from the same country says you should work on inner game first.

You will find some other guru who says you should work on your communication. On the other hand, some other guru says you should use pick up lines. Some say go for direct approach, others say go for indirect approach.

At the end, you are sucked in confusion.

You will read, listen and watch all the info and then stumbled up on what to use when.

I have been there...

Therefore, I have developed a simple three-step method that is universal to attract women.

If a man wants to meet, date and attract any woman he wants, the first and most important step he has to take is to approach her. Then he has to converse with her to make a good impression. If he succeeds in approaching and conversing with her, half the battle is one. He, then, needs to take things forward (lead) from there.

That is how the 3-step simple ACT method was born.

A—Approach

C—Converse

T—Take-things-forward (lead)

This method also reminds you that you have to ACT (take action) to succeed with women.

Let us explore each of these steps one by one...

3 Approaching Women (Step-1)

3.1 What is approaching women?

If a man wants to meet, date and attract any woman he wants, the first and most important step he has to take is to approach her.

Some men just stare at a woman they want but never dare to approach her. They expect the woman to take that move but that thing never happens.

Often most men avoid approaching a woman they like due to many issues. I will address all those issues in the chapter 6 of this book.

Unless you approach a woman, you absolutely have no chance to meet her, get dates with her and love her and so on. Therefore, it is such an important step.

If you learn and implement all the things I am going to teach you in this section of the book, you will automatically approach any woman you want.

Now let us look at what is approaching a woman. As per the dictionary, approach means, “to come near or nearer to something or someone in space, time, or quality”.

In my view, approaching a woman is a man's act of coming nearer to her in space, time, or quality. The success depends on the comfortable space he creates, the time he chooses and the quality of his actions. That is the deal breaker if you get it right.

What happens if you do not approach women at all?

- You have less choice in women
- No sex or no sexual satisfaction
- Therefore, you will develop neediness for sex that can make you vulnerable to be exploited by various people
- You have low or no social status
- You have to entertain more of her drama
- You never get your dream woman and settle for whatever available to you
- Be a single forever or end up with an ugly fat girlfriend that you probably do not like.

Why is it important to approach women?

Before we learn what is approaching women and how to approach them, let us understand why approaching women is important.

If you become good at approaching women, you will have the following benefits over other men:

- You will have more choice in women
- Sexual abundance
- High social status
- Rock star lifestyle you have wished for secretly
- You can choose your ideal life partner
- You earn more money.

3.2 How to approach women:

Beautiful women are always in the fantasies of men, not only handsome men but also average looking men. Figuring out how to approach a beautiful woman is something most men avoid due to fear of rejection (Refer Chapter 6 for more info).

Most men think that beautiful women are just for handsome hunks and rich dudes. The good news is you can attract beautiful women—regardless of your looks, age, and money—if you know how to approach them.

Approaching women is as normal as we approach other people—when we are in unfamiliar situations—in our day-to-day life.

Usually, the act of approaching a woman is the most crucial and the first step in getting a girlfriend fast. To succeed with women you have to become good at approaching them.

In case, you have unknown fears for approaching women refer chapter 6. In that chapter, I will address your unknown fears about women.

When you approach people—you do not know—you usually become a bit anxious and that is a common thing. Therefore, start approaching other people you do not know and have general conversations with them—this will help you become good at approach women you do not know.

Once you master approaching anyone for a couple of weeks then start approaching beautiful women. It should not take more time—usually a week or two is okay—than a month.

You will not get a woman irrespective of what you do if you do not have courage to walk up to a woman.

Approaching a woman is the very first step in getting a girlfriend, more dates, and love. It is like a basement for a dream house that you are going to build.

Could you imagine your dream house without a basement?

I do not need stress how important approaching women is to succeed with them.

Approaching women is much easier than you think. You think it is difficult because you did not have any reference models in religion, society, and media. Neither your dad, nor your teacher told you how to approach women.

Therefore, your mind did not have a reference model on how to approach, converse and get dates with women you want.

3.3 Approach styles:

There are many ways you can approach women but the following styles are the most effective.

Style#1 Enthusiastic:

Hey—Man—have you ever feared to approach your friends?

Ask yourself...how comfortable you are and how much fun you make with your friends.

You have to bring just the same fun and comfort when you interact with women.

Bring that same fun, enthusiastic and comfortable attitude when you approach and interact with women.

Over the years what I observed is a woman like a man who has fun and having a great time in whatever he does. It is the most attractive thing for a woman.

Style#2 Casuals:

Treat women like your good old friends and start casual conversations.

Style#3 Entertaining:

If you know how to entertain people, many opportunities come up with women.

Have you ever observed how celebrities have become famous? Why do beautiful women chase them? It is because they just use the art to attract the people.

All sorts of opportunities come up with women if you good any art like dancing or music or magic etc. Use those opportunities effectively.

Style#4 Cold readings:

You can use cold reading techniques—astrology, palmistry, and handwriting analysis etc—to approach women. You will amaze

to know how many women are interested actually in those things.

3.4 How to use body language correctly:

Men and women are very much different from each other physiologically and psychologically. Most men communicate on a surface level, while all women communicate on the subconscious level. What does it mean?

We—men—are primarily attracted to what we see. However, women are attracted and respond to what they feel with their emotions.

A Woman is more cautious than a man is. Recently, I was walking with my girlfriend on the street. Suddenly she said that someone was staring at her and I did not notice that.

The point, a woman is more careful, receptive, and concerned when she is on the street than a man.

Therefore, you must understand that a woman already knows that you are approaching her even when you are five feet away from her.

She already has that sixth sense working for her and she would feel your threatening presence in her surroundings. It is threatening in a sense as you would be entering into her personal space and she has already taken guard against you.

This is where the significance of body language—while approaching women—comes in.

Remember, the process how she perceives you. Firstly, she estimates and assesses you based on her past experiences and beliefs.

Secondly, your behavior helps her restate the decision. Therefore, you should not give her any impression that restates her beliefs that you are either a predator or weak man.

If you have ever read the effective communication skills, communicate in three ways with others. They are aggressive, passive, and assertive.

When you approach a woman, your approach neither be aggressive nor be passive. Your approach has to be assertive but not exactly like a business or professional engagement.

You should be cool

My equation for being cool is Assertive + fun = Cool

What makes you cool & confident or creepy?

Your eye contact, smile, voice tone and posture, walking etc, every tiny movement and body position disclose your private thoughts.

Your face can make seven thousand different expressions and each precisely exposes who you are and what you are thinking at any given time.

People make moves that are beyond human consciousness but have tremendous power to attract or repel. Every smile, every frown, and every movement you make can draw other people towards you or run away from you.

#1 Eye contact:

Make a secure and confident eye contact and this is a big one and will really make or break the deal. When you make eye contact with women, briefly smile and wait for her to look away first.

Always, let her look away first, and then you can break the eye contact. Confident and smiley eyes convey a secure feeling

women that you are cool. If you break eye contact before her, it conveys either you nervous or weak.

Avoid giving women the serious killer stare with no expression when you make eye contact with them. It may convey that you have some bad intent like stalking her as a predator.

#2 Smile:

Most men smile and laugh when they talk with their friends, classmates and family members. On the other hand, these men do not smile, laugh or play when they talk to women.

Smiling makes men charming and most women feel that smiling men are playful. Men who are confident of themselves are always smiling.

Have you ever seen the dynamic in which a confident man enters into a place, you see him smiling naturally with all the people there and he does not worry whether his partners like it or not.

Most women will start smiling back and feeling that he is the Mr. Cool among the men. Therefore, they are naturally smiling back to him.

Learn to smile around women, they will see you as a confident man who knows, understands and cares them better.

Some men believe that a man needs to be serious and he should avoid all forms of play when he is around women. Therefore, women think that he is sincere and serious and like him.

Some men behave this way because some women have said that they like men that are aggressive because such men could do anything to protect them. Such seriousness can also make your face tense and as results, women perceive you as a timid man.

Everyone wants a friend, not an enemy. No matter how aggressive a man is to other people, a woman wants the man to be cool to her. At the same time, avoid giving her an innocent cheesy smile that shows all your teeth like a needy man.

#3 Posture:

You Posture Is Your Biggest Success Barometer.

Have you ever seen how successful people display their posture?

Their body looks exactly like what I mentioned below. They always:

- Maintain composure,
- Stand strong,
- Chest up, chin up, shoulders back,
- With a smile that frames lips and softens eyes,
- Move with assurance, confidence, and pride.

Therefore, your good posture symbolizes you as a successful man.

“Always, make a point to use above good body posture techniques in your day-to-day life with everyone you interacted then good posture becomes automatic to you while approaching women”

Avoid the following:

- behaving as uncomfortable
- showing weak body language
- looking down
- cracking down
- putting your hands in your pockets,
- hovering around her without speaking anything

#4 Walking rate:

Your walking rates communicate who you are, and what kind of status you have. Walk slowly, confidently like a King.

Have you ever seen a king rushes in walking or talking?

A king takes his own time to walk with pride and assurance. So, take your time as if you do not care the world. This shows confidence and authority.

Do not walk fast as if you are in a hurry when around women this may communicate nervousness, insecurity, and a lack of confidence. This is a very big mistake.

#5 Proximity comfort:

Many men become uncomfortable when they are in close proximity to women. Do not get so nervous around women if you are one of them, they will not bite you.

Do not be so quick to move out of their way, let them move out of yours. Confident men always take up space and are comfortable everywhere, no matter what is the situation.

You need to be comfortable with women always & everywhere, even in close proximity. Always take up your space and be comfortable. You will find that there is another world beyond the verbal communication once you understand women better.

You have just learned how to approach women you have always wanted.

Congratulations!

*Note: In case, you are unable to approach a woman
u want, refer Chapter 6 for solutions.*

4 Conversing With Women (Step-2)

1 Content for conversation—what to say to women

Well, Let us assume you faced the same situation that I described in the beginning of this eBook. You are walking on a street and see a beautiful woman—who is not just beautiful, an incredibly sexy and gorgeous woman. For a second, you thought your life is worthless if you cannot talk with her. You decided it is better to join monks if you cannot get this woman.

- Will you just leave that beautiful, gorgeous and incredibly sexy woman who fascinated you so much with fear?
- Or
- Will you make a brave attempt to start a conversation?
- You are a brave man!

You decided that you wanted to make her your girlfriend any cost and walked up to her.

Then you got the challenge...

- What to speak
- What are those words or sentences I have to say so that she will accept?
- What are those first words or sentences?

- To which pick up lines she would say YES instead of NO?
- Is there a single word or a single sentence that works magically so that she will say YES?
- What is that one magic phrase or pick up line?

Now, based on her reply your life will be decided whether to be in the hunting of hot chicks or in monks' asylum. ☺

Approach her directly with a confident smile and say Hey. Talk about anything situational. This is simple and straightforward approach and works many times.

Most men think that there are magical words to speak with women. If at all there is a great magical word—and the greatest conversation starter—it is simple *Hey*,

Moreover, there is no magical word than Hey for starting conversations. Because when you say "Hey", it gets their attention to you.

**As saying goes,
"Thousand miles journey
start with a single step, all great
conversations start with a
simple, "Hey".**

Do not think that I am just telling, "Just Hey", ask you to do work. No, I am not that cruel. I have done much work for you. However, you start practicing with a simple "Hey".

Whatever you speak after Hey, it should appear natural, spontaneous and should be non-sexual. You need to decide the kind of approach or sentences to use based on the situations or the circumstances. Then that works for the sure.

The Story of Konda Babu:

For a long time—one of my students—Konda Babu has a terrible problem of talking to beautiful women.

Sometimes, Konda Babu cannot even start a conversation with beautiful women. Sometimes he can but he runs out of things to say during the conversation. As a result, he had to face awkward silences during a conversation.

Hence, he used to worry a lot— about what to say, how to say— during a conversation with a woman.

The Magical Secret: The big problem with Konda Babu—most men and you— is to look for some magical secrets to talk to a beautiful woman. "The truth is there is no magical secret".

Anyone man can master the art of how to talk to women if he prepared and practiced well. It is nothing

to do with your appearance, what you do for a living or a special skill.

The conversation was one of the key things that I had to master when I began learning how to become successful with women.

#1 Prepare to talk:

In life, if you want to accomplish any task a good preparation is required. The same applies even for approaching and interacting with a woman.

If want to attract women, you have to mentally prepare to talk to them. If you do not prepare mentally, you will not talk to her even if you approach her.

Hence, prepare mentally to talk to any woman.

Once you approach a woman, you need a good content to create an impression that could make her a good friend of you.

#2 Get practice:

One of the fundamental errors most men make in conversing with women is they do not practice.

These men have fantasies of how a lead actor in a movie does all miraculous conversations with female actors without any practice.

The truth is even they do a lot of practice and repeat themselves many times until they get a perfect shot while making a movie. So, understand the truth that you need practice until talking with women becomes natural to you.

If talking to the women is not something you are not good at, YOU TO NEED TO GET PRACTICE.

Many opportunities you can use in your day-to-day life to talk with women.

For Instance, you can practice with talking to women in your local area, health clubs, social organizations, your friend's friends, women who live in your surroundings, women whom you meet in your day-to-day life.

You have to talk to each woman who comes across in your day-to-day situations. You need to understand that you have to talk to each and everyone whether you are interested in them or not.

This particular activity alone will help you to become good at talking any woman you do not know. To start with, even if you say just "Hey", it helps.

4.2 Conversation styles—how to talk to women

As I have told you that, I have done much work for you, here are the 6-best conversation styles you can use to interact with any woman in almost all situations.

- Direct
- Situational
- Opinion
- Advice
- Fact
- Assumption

4.2.1 Direct:

A direct conversation style is a straightforward way of telling a woman that you are interested in her. When you use this conversation style your body language—eye contact, facial expressions, smile, and voice tone—determines your success. Simply says, she should feel your complete confidence and composure.

Examples:

- *Hey, I would like to know you because you are so pretty. It seems I came all the way here to meet you.*

- *If you like her eyes, tell that the same thing...*
- *Hey, your eyes are pretty and resembling
_____ (state any famous model/heroine)*
- *Hey, your eye color is looking pretty (with anyone
anywhere)*
- *You see beautiful women you and like her smile and you
can tell that her*
- *Hey, your smile is so mesmerizing and resembling
_____ (state any famous model/heroine)*
- *Hey, you look great when you smile.*
- *(If she did not respond or stop smiling, you can say the
below sentence)*
- *Hey, you look so pretty when you are angry and I am
sorry I made you so pretty*
- *Hey, you are the second prettiest girl in the world.*
- *In case she is willing to know who is the first prettiest
girl.*
- *Tell her, Hey it is a million-dollar secret and I usually
do not tell anyone and if you want to know it, give me
your number, I will tell tomorrow.*

- *Hey, I just saw you from there and I had to come over
and say something because you are very beautiful.*
- *Hey, you look charming, I had to come over and say hi.*
- *There is something remarkable about you. I had to come
over and say hi.*
- *You girls look dazzling, I had to come over and say hi.*
- *You girls look so fun, I had to come over and say hi.*
- *That is a cool thing (include item you are referring to
here), where did you get that?*
- *That item looks amazing. What is that?*
- *You have really a cool style. I admire that in a girl.*
- *You look interesting. I want to talk to you.*
- *Make eye contact—walk up to a girl with a big smile
and say Hi, What is your name?*
- *What is the best way a guy can start a conversation
with a girl he's attracted to?*

This direct style, however, does not work with all women. Few women will accept this style—they think what is wrong if a man likes me and tells the same directly. In fact, they like your honesty and courage. Usually, no woman will expect that you will complement her directly. If she is a bold and intelligent woman, she likes this approach and likes your straightforwardness.

There are some women who do not like direct approach, the situational style is best for them.

4.2.2 Opinions:

Use strong opinions. When you use strong opinions, use Why, What, and How questions. You can use an opinion on her favorite movies, celebrities, books, shows and holiday destination etc. You can have opposite opinion about anything other except religion or the country she belongs.

Examples:

- *If a woman said that, she recently visited Sydney.
You have to ask why only Sydney, why not Paris or Mumbai or Bangalore*
- *Hey, one of my friends stopped his idea of going to the USA because his parents did not like him going abroad. Do you think our generation should follow our dreams or just obey parents?*

The above statements can bring up all possibilities for a conversation. If you pay attention to what she says, you will know her likes and dislikes from that conversation.

- **In a movie theater:**

You can talk to a woman who stands in the lounge during the interval of a movie.

Hey, do you think that hero is going----- (kill the villain, leave him alone, or put him in jail, something that can lead to the conversation)?

Once movie is over,

Hey, what do you think is the best scene in the movie?

Do not ask...did you like the movie? You will get only one-word answer or no reply.

- **In a bookshop:**

If she says YES, ask her how interesting it is or what is the main concept.

In case she says NO, suggest her to read that book by telling her about the main concept of the book.

If you are someone, who is good at reading books libraries and bookstores are some of the best places you must visit frequently. These places are best for you to

approach and start conversations with many intelligent women that have same interest as you.

- In a DVD Shop:

Hey, what do you recommend out of these DVDs?

Hey, did you watch this DVD? How was that?

Hey, my female cousin coming to meet me, she wants to watch DVDs. I appreciate if would you recommend some good ones.

- In a museum:

To a woman or a group of women who are looking at an artwork, you can say...

Hey, do you understand what the artist wanted to say here?

If she or they say YES, you can ask what those are. Based on the hints she or they provide you can lead the conversation.

If she or they say NO, then you can start a conversation about the points you observed.

- A general opinion of a woman:

Let me ask you. Why does everyone like (mention any celebrity, or movie or YouTube video, popular game)?

Let me get your opinion on something. What do you think of (include clothing item here)?

Let me get your opinion on something. Do you think it is worth it to (option A or option B)?

4.2.3 Fact:

Stating a simple fact of our day-to-day life is a great way to start conversations with women. You can use fact conversation style with shy women. You can use both a pleasant positive fact and sad negative fact to start a conversation.

- Positive fact:

You can use pleasant and positive facts to start a conversation with women.

Examples:

You can use environment— a beautiful evening, an outdoor location, a rainy or spring season etc.—to start conversations with women.

Hey, what a beautiful day, isn't it?

Hey what a beautiful sunrise, isn't it fantastic?

Hey what a beautiful sunset, isn't it fantastic?

Hey what a wonderful environment, I really like this place (in some natural scenery spot)

Hey, what a nice climate, isn't it?

wow, the weather is gorgeous out, isn't it?

This place has the best coffee, isn't it?

Most of the time you will get a positive response as—the climate is pleasant—women will be in a good mood.

On the other hand, you can also talk about a positive fact such as a recent victory of sports stars like cricket, tennis, football etc., or movies and celebrities.

Examples:

How great did a sports star play the game (like cricket, tennis, football etc.)?

How great did a famous actor perform in this recent movie?

Hey, it was great _____ so & so player

If the topic you use is of her interest, the conversation may last for hours. Pay attention and you will get many hints to know more about her.

Negative fact:

Similar to a positive or pleasant fact you can also use a negative fact in our day-to-day life.

Examples:

You can talk about a recent failure of a sports star in his game and an actor in his movie.

How pathetically did a sports star play the game (like cricket, tennis, football etc.)?

How pathetically did a famous actor perform in this recent movie?

If you want to succeed with women, you must be a good listener during a conversation. Listening attentively will help you to catch quickly any "open-end hint" she states during the conversation.

I will tell you a small story when I was working in one of the IT industries. One day, while I was going to the office— in

the cab— one woman sat just beside me. I just gave a quick glance and said Hey,

She: Hey,

I: I did not see you before.

She: I also did not see you (with a smile).

I: I have joined recently, when did you join?

She: One-year back.

I: Hey, I got some feedback from other colleagues and observed myself.

What I understood is this company culture is not employee-friendly.

Guess what happened!

Our conversation went for about 50 minutes— she talked about her nasty project manager, and she put up her papers, company policies, and procedures. I gave my opinions in between.

Some of you might be thinking there is no attraction in this conversation. As I was giving my opinions and showing my personality, she attracted to me.

During the conversation, I briefly mentioned that I was new to the City and asked her opinion about some best places to visit. She went to a point where she searched the most interesting places to visit in the city and started sharing with me.

Guess what! We hung out in all those places. See how a simple negative fact about job dissatisfaction made us friends and brought that gorgeous woman closer to me.

To become good at this skill, observe some little facts in your day-to-day life and use them when you get an opportunity.

Learn some facts about people and places—your surroundings, your present city, your place of birth, some famous cities, and some famous countries. It would be even great if you could learn some little humorous facts, only the people of those surroundings, cities and countries know.

4.2.4 Advice:

In life, you face many situations where you seek advice or give advice. The most common human experiences arise out of these situations in day-to-day life. For instance,

- You are in some situation where you do not know the address
- You have some problem for which you do not have a solution
- You need some information

What do you do in all these situations?

Of course, you need to approach someone for help in all these situations.

As a smart intelligent mature man, why don't you approach & interact only with women in these situations?

Henceforth, make it a point to interact only with women beautiful women in all situations you face in day-to-day life.

For instance, you are searching for some address in a new city. Obviously, you approach someone for help. What do you usually do? Without thinking, you will approach a traffic constable or a man for help.

“Next time, what I want you to do, approach only beautiful women for help instead of a traffic constable when you are in the same situation”

Believe me, this work wonders gradually. Over a period, you will harness the real power of how to interact with any man in any situation.

When you do this, you could harness an important skill—understanding their opinions, suggestions, and real feelings.

This conversational style is situation based and natural to women. What I have observed—in my experience of approaching men—most women prefer this style of conversation style over a direct one.

- **In a Gift Shop:**

If you see a beautiful woman, go to her and tell...

Hey, my sister is coming here to meet me tomorrow. I want to buy her a gift. Appreciate if you could help me in finding a beautiful gift. (During the process, you can have some good conversation)

- **In a Shopping Mall:**

You can ask a beautiful woman that you want to buy a dress to your sister or cousin and say...

- *Hey, my sister is coming here to meet me tomorrow. I would like to present her a beautiful dress—your dressing style is good—and I appreciate if you can help me in finding a good dress.*

- **In a Movie Theatre:**

With a beautiful girl in a queue,

- *Hey, I appreciate if you could get me a ticket.*
- *You can start a conversation once she gets the ticket.*

- **In a Park:**

- *Hey, I appreciate if you could take a photograph of me near this_____ (by handing over her your camera or your camera phone)*

After she took your snap, say...

- *Are you a professional photographer?*

If she says YES

You say, *Hey, you have taken pictures very beautifully, tell me some tips.*

If she says NO, Put your face as if you do not believe that she is not a professional photographer.

You can lead the conversation based on the hints she provides.

4.2.5 Situational:

Perhaps, this is the best way to start conversations with any man. You have to use the day to day your situations and cumstances for starting a conversation with a woman. It rks best with all types of women, as this conversation is ational and natural for them.

The secret why this conversation style works every time—you both are in a situation that needs to initiate a conversation and looks natural for any woman to interact with you. Much better than using a canned pickup line—that you learned from a novel, book, movie, or TV show.

The situational style works wonders than any canned pickup line.

After you said "Hey" to a beautiful woman—you can speak about astrology to a woman who looks religious. Pick some food item and ask how to cook with a woman who looks a bit traditional in the supermarket. You can talk anything that is natural in that situation.

How is your day going?

This place is so beautiful, by the way, have you ever been here before?

What it is crazy. Can you believe that (insert popular news headline here)?

Have you ever tried (mention a specific activity)? Is it fun?

I am looking to go on vacation somewhere. What is the most beautiful place you have ever traveled?

Have we met before?

*If you are in a clothing store—pick an item and say—
how does this look? Would this look good on me?*

*How do you like this (mention whatever venue you are
in)?*

What are your thoughts on this class? Do you like it?

Do you know when closing time for this place is?

What is the name of the song that is being played?

Hey, I have not met you, yet.

*Who do you think is having the most fun in this place
right now?*

Wow, it is so crowded in this place, tonight.

4.2.6 Think (Assumption):

You can use an assumption to start a conversation with a man you like.

It is as simple as you guess something about a woman. A simple way of assumption is something like below:

*Hey, I think you belong to the----- city
isn't it?*

*Hey, I have seen you somewhere but I could not recollect
by the way, did you remember me?*

Hey, do you remember me?

The higher level of assumption conversation style is to use cold reading techniques: psyche (mind) reaching astrology, palm reading, and handwriting analysis etc.

*Remember, your assumption has to be genuine—
a woman has to feel that assumption is made just for
her.*

For instance, you can assume something about a woman like below.

*You: I bet you are a classical dancer and if not now, at
least in the past.*

She: How do you know?

You: I guessed by your gait.

She: She appreciates your observation (at least in the heart if not openly)

In case she said, your assumption is wrong.

You: Oh really (look as if you cannot believe)

Hey, I bet your model in----- the channel.

If she says No, look at her as if you cannot believe it.

Then tell her she is looking like so and so model and that is why you spoke with her. From there on, move to other topics.

Hey, I bet, you are a singer.

You can use this in-between the conversation usually once you start a conversation. If she asks how or why do you think like that, you can say... your voice is so soft. Therefore, I just guessed it.

If it is some social situation or the party environment, you can ask her to sing. If she says that, she is not a singer or she cannot sing,

Just look as if you cannot believe it and then encourage her that she must start singing.

Hey, did you remember me?

If you ask confidently, a woman usually gets a bit of anxiety. Before she responds back, say

Okay, I think you forgot me, I will introduce myself, and I am Sam, we met at so and so place... blah, blah, blah...

If she says No, that she did not remember you.

Hey, you are looking like one of my classmates, so I asked like that. Anyways who are you?

4.3 Connecting with women at emotional level

Well, you approached your dream girl by using some of the conversation styles I taught you in this chapter and had some small talk.

Congratulations!

Now, a challenge comes to you is how to keep the conversation going in a right direction.

You will come to a point in the conversation where it just starts fading out—you will run out of things to say, or you will face awkward silence with your dream girl.

The results are alarming—you will get a cold shoulder from her and you left wondering what happened. If you ever approached a beautiful woman and could not converse beyond small talk, you know exactly what I am talking.

Your chances of attracting a woman will be rare if you cannot keep a conversation going for at some amount of time.

It does not matter whether you meet a woman at dance classes, parties, coffee shops, bookstores, pubs or nightclubs.

If you do not know how to ask follow-up questions to continue a conversation—once approached a woman—your chances to make her a girlfriend will be zero.

If you are stuck up BEYOND that initial conversation:

- With awkward silences
- Interrogating her with boring questions
- Making desperate attempts to bring back that fading conversation
- Continuously monitoring every word, edit those internally before saying.

Here is the solution to all of your problems with my breakthrough discovery...CONVERSATION 2.0

You have to lead a conversation once you started it. You have to take your conversation quickly from starting stage to comfort stage.

Whenever we converse with people, they give us all sorts of feedback but most of us not good at recognizing that feedback. Especially, a woman gives subtle hints during a conversation but most men are pathetic at recognizing those subtle hints.

If you observe a woman during a conversation she gives you two types of hints by which you can analyze whether she is interested in you or not. They are "dead-end hints" and "open-end hints".

- **Dead-end hints:**

When you talk with a woman if you get "dead-end hints" continuously— a one word reply, yes, no over there, thanks, name, hello—that means she is not interested in communicating with you at all.

It is a signal that she did not like something about you—perhaps, your approach style or body language. It is better for you to stop talking with her, leave that place, and choose another woman to practice your conversation skills.

- **Open-end hints:**

When you talk with a woman if she mentions her favorite things in her replies— like her favorite celebrities, places, hobbies, interests, or a thanks with a smile— you have a great chance to connect with her at an emotional level.

You can connect with a woman at more deeper and emotional level by using open-end hints and storytelling.

How to use open-end hints to connect emotionally:

Asking general questions like below could put a woman into boring mode.

Where are you from?

What is your qualification?

What do you do?

After initial conversation quickly make your transition from the surface to emotional (I do not mean needy nice boy behavior here) level. You can twist the above questions. Ask them in different way to build emotional connection with her

- About her place:

You: Where are you from?

She: Bangalore

You: Is it one of the best places you like to stay or do you have any other favorite places to stay or visit?

- About her College Studies or Career:

Is that course or career you wanted to do since your childhood?

Tell me three things you need to have to become good at your career.

Is it the career you chose yourself or your parents pushed you?

- About her friends:

Have your friends changed you?

Do your friends make you smile every day?

Observe all open-end hints like hobbies, favorite movies, books, and interests during the conversation. Then use those open-end hints to make transition from surface to emotional level conversation.

How to use storytelling to connect emotionally:

A good storyteller grabs the attention of his audience easily and well. He mesmerizes them with his articulation and makes them feel every bit of emotion—like a mystery novel makes a

der to read until the end and a suspense movie puts the audience on edge of the seat.

Hence, become a good storyteller—it is easy and everybody can become a good storyteller with a bit practice.

Points to remember in story telling:

- Tell a short story based on "open-end hint" you got during a small talk.
- Prepare some good short stories for this purpose in advance.
- While telling a story describe scenes—with vivid details that trigger emotions—to make her feel the story
- A woman loves vivid details in a story
- Give names to characters in a story — give names that represent young attractive women
- Use slow pace with clear emotions.
- Choose words that trigger emotions in her mind.

For example:

- *Last weekend, I went to one of the most exciting amusement parks (mention the name) in the city with our four friends—Amber, Stacie, Geetha and Swetha.*

You cannot believe the fact how wonderful was the trip! There we had adventurous rides. Especially, the speed boating was so thrilling.

We enjoyed a reality show. The rope jumps were like a Tarzan jumping from one place to another. I cannot forget the taste of delicious cold coffee on a sunny hot day.

- *Do not tell: Last week, we went to a nice park with our friends and there we went for a nice ride and there we ate a good ice cream and it was overall a nice trip.*

•
If you tell a story like this, the emotions in a story will simply die. You are giving a woman a vague unclear image that could not trigger any emotions.

Beware your story should trigger positive emotions about you. Telling a wrong story could also create negative emotions.

You can use a challenging theme or connecting theme in a story.

While you are telling a story, you can use open-end hints to follow up with her:

For example, in between, you talked about amusement parks.

Stop for a while and say

By the way, do you like/want to /know about amusement parks etc.

If she says, yes.

Then you can say...tell me about that later and go back to your story telling.

After finishing your story, you can ask,

Hey, you said you like/went to an amusement park. Tell me what is so good about them. I want to know.

The way you describe story makes all difference even its normal story. It is not what say but how you say that matters.

4 Confidence in a man

Confidence in a man is—all in the sound of his voice. All the things you learned in the above sections make wonders used how you sound.

- Is it important that you sound confident when you are talking with beautiful women?

- Did you even know that the sound of your voice speaks so much about how you handle yourself?
- How do you avoid sounding too nervous when you are talking with woman?

Most men find it difficult to talk to a woman they like. If you are sounding nervous while conversing with a woman—the first thing that you need to understand is—being nervous will not get you anywhere. Start improving the sound of your voice.

I cannot stress how important is your sound of voice. A truly dynamic speaking voice has the ability to mesmerize the listener. Its warmth, its depth, and its richness captivate people. If you have already great voice, you can move on to the next section.

Do not fool yourself by believing what you hear in your head— how you hear yourself and how everyone else hears you is not the same. To test how you sound—simply record your speech on the recorder and listen.

Most men—including me—cannot believe the sound on voice recorder. When listen the first time and the answer is No I do not like the sound of my voice.

If your answer is, yes I like my voice, congratulations! Please move on to the next section.

If your answer is NO, do not worry. You have a better voice inside which is your 'real' voice. It is deeper in pitch, fuller depth, and more resonant. It does not sound too old nor does sound too young. It is ageless. It is neither too loud nor is it too soft. In addition, it expresses color, emotion, life, and information when you speak.

If you want to work on improving your voice, you can explore some free tips on how to improve the sound of your voice.

or

If you want a sure shot solution, I highly recommend Roger Love's Vocal Power Audio Course for the best results!

4.5 key points to remember:

- *What women say they want, what they really want are completely different things.*
- *Start a conversation at a surface level and then bring it to an emotional level. Do back and forth depending on her reaction.*
- *Have you ever noticed that you can talk easily and well with a woman—you are not attracted? It is because you did not expect any outcome from that conversation.*
- *Just focus on having a good time than the outcome.*
- *Always make yourself feel comfortable—than trying to keep her engaged—as it makes you naturally more engaging man.*

Do's

- *Start a conversation that will interest her, It could be a movie, music she likes, or a hobby.*

- *Act confidently and politely make her feel safe and respected and at the same time keep projecting yourself as an alpha male or with bad boy behavior.*
- *Smile and maintain eye contact during a conversation—it will never show her that you were having a hard time on how to approach beautiful women like her.*
- *Take things slowly.*
- *Keep your cool and act slowly even if she is an amazingly attractive gorgeous woman.*
- *Let her take some time to know you more.*

Don'ts':

- *Do not ask questions as if you are interrogating her.*
- *Do not ask continuously—let her take her own time to respond.*
- *Never show your negative emotions, insecurities & vulnerabilities to a woman.*
- *Avoid mentioning about her physical looks in an initial stage.*

- *Do not confuse confidence with arrogance.*
- *Do not rush things—remember that you are a still stranger to her.*
- *Do not stalk her or call her every day.*
-

Congratulations!

You completed two most important steps to get women you have wanted.

Now, I have given the best possible content to approach any woman in almost all situations and prepared you mentally. Your job, however, is to practice the content with women and get the results you want.

5 Take Things Forward (Step-3)

5.1 How to get phone numbers from a women?

Hey, as I mentioned to get a beautiful girlfriend fast you must ACT. You approached a woman successfully and conversed well with her. Now what? You just have to take things forward.

In this step, you will learn how to take things to the next level—that is getting phone numbers, building attraction and getting physical with her.

5.1.1 Understand what she means:

Getting a beautiful woman should be simple, isn't it?

Here is how it should go:

- You approach a woman with a conversation starters or a silly pick-up line
- You talked to her for 5 to 10 minutes
- You asked her for phone number and she gave you
- You talked to her over the phone, set up a date then so on...

It is very simple, right. The fact, however, is things with men are more complicated than a man could assume. That is why you have to understand what she means than what she says.

When a woman is not interested in you—in case you have already tried asking a woman for her phone number—many things she will say.

It is okay to get these responses. Understand her intentions. Some of the most common statements are:

- Let me get your number instead or why don't you give me your number?
 - (What she means—gives me your number so that you think that I will call you but I will not. This is a defense mechanism or trick a woman develops to filter the men she did not like or trust.)
- She gave you her number and took your number as well.
 - (Sometimes, what she means—when a woman gives her number and takes your number—to make sure to filter your call so that she does not answer your call.)

- She gave you a fake number.
 - (What she means—instead of she says NO on face, as it could hurt your ego— she gave a fake number and politely excused from the situation.)
- Why do you want my phone number? Why do you men approach women and ask for their numbers?
 - (What she means is that she does not like you or I do not see anything worth giving my phone number to you—you absolutely did not converse well)
- I do not like to give my number to strangers/ I do not give my number to men at pubs/clubs.
 - (What she means—I do not trust you).

Imagine if a woman's favorite celebrity asks her for phone number.

What does she do?

She would have given him—her cell number, house landline number, and parent number—so that she could attend his call at any cost and would take his number as well.

Most men give much importance to these responses—treat them as rejection from a woman. There are many reasons why a man did that to you. I will explain them later. For now, if you are getting responses like these from any woman, you should simply walk away.

A woman who is interested in you will respond like below:

- *You: So, what is your phone number?*
- *She: My number is 98989-98989...*
- *You: Great, it was great talking to you, have a great time.*
- *She: Me too...with a smile*

It is That Simple! A woman who likes you will not hesitate to give you her phone number.

The point is if a woman gives you her phone number with hesitation, she is interested in you. If she does anything other than that, then just forget about it.

Now Let Me Ask You A Straight Question...

5.1.2 Here is when she gives her number

Have you ever asked this question to yourself?

I did ask myself— after spending years of time and countless experiences— and finally got *aha moments!*

A woman gives you her number only:

- When you build trust with her
- When you make her curious about you—she wants to know you more.
- When you make her emotionally invested in you
- When you make her see you as a high status or a high-value man
- When you make her respect for what you are.

If a woman gave you a fake number, she has no interest in you and the game is over. Then you might be wondering, why should she give me a fake number if she is not interested? She should have said that she is not interested.

She gave you the fake number because she does not want to hurt you in front of a group that is why she gave a fake number.

"Most men are chasing a woman only to collect her phone number rather than connecting with her".

If a woman gives you her correct number, she has the intention to see you again. Now you have to *Take It Forward*.

Congratulations! You got the phone number. Now it depends on you how to take the things to the next level.

2 The 6-best ways to get phone numbers:

The following are 6-best ways to get phone numbers from a woman.

In the first three styles, you have to use confidence and in the later three styles, you use technique to get phone numbers from women.

1. *Direct Style*
2. *Lead Style*
3. *Silent Style*
4. *Storytelling Suspense Style*
5. *Email Style*
6. *Invite Style*

5.2.1 Direct style:

Just ask her the number. That is all.

Hey, I am in a hurry, right now. I have to meet a friend. I enjoyed talking to you and I would like to be in touch with you. Give me your number.

That's all, it is that simple! I know this might seem very straight but this is the best and quickest way to get a woman's phone number.

It works based on the confidence you project and conversation you had.

Try this at least twice a week—you will be surprised to know that many women will give you their numbers.

5.2.2 Lead style:

Being successful with a woman is directly related to how well you can lead her. That is why I said lead your love. A leader is defined based on how powerful he is and how well he leads the people to a right direction.

Before a woman is attracted to you, you need to express views in a way that keeps your power balanced. When you ask a woman out, you have to keep your power balanced and do not allow the power to be shifted to her.

For instance, have you ever seen how a boss/leader fixes up a party or schedule a meeting, and invite the team members to join later. Of course, everyone in the team attends in time without fail.

Instead, if a boss asks—who wants to attend the party or the meeting—each member decides based on his or her interest.

If you ask someone a question, the outcome will depend on his or her reply. In other words, you will give your power or shift the lead to the other party.

Have you observed in the example how a leader or boss invited the team directly, instead of asking in the form of a question?

He has simply made an assertive statement.

He picked up a party schedule and then sent the invitation to all team members.

He fixed a meeting and asked team members to join. Of course, he was your boss and you had an obligation to go.

You might be wondering how a stranger—a woman—can follow my instructions or assertive statements.

If you keep your invitation in the form of an assertive statement and use it in a way, I am going to tell you, you keep your power balanced and lead the things easily and well.

Here is how I will show you: Indicate that you have an established great social life already and that you are a high status and high-value man.

To do this, your invitation should convey a woman that have an active social life already and you would like to include the woman in your active social life.

Alarmingly, what most men do is they convey that they have no social life and they would like to create a social life with the woman.

If you convey a woman that you have an active social life, it creates a positive feeling in her mind—as you convey her at subconscious level that you do not chase her for a social life—and puts her at ease.

If you convey a woman that you do not have a social life, it creates a negative feeling in her mind—as you convey her at subconscious level that you could chase her for a social life—and puts her at defensive mode.

Now you can use an assertive statement like this:

Hey, you know what, I am going to the movie/show /concert / musical play on ----- and I would really love if you join me and I know, we would have a great time. Give me your number if something comes up.

The above invitation is in statement form and not a question—you indicated that you were going anyway whether she joins or not, and only invited her to come with you.

When you said this single statement to a woman, what you communicated to her is...I have an active social life already and indicated her that we will have a great time together that could trigger a positive feeling in her mind at subconscious level.

Let me give another example. Let us assume, you are a host of a party. You will invite many guests to the party. If any guest fails to attend the party, it does not matter to you. You will not stop your party for him. You will go ahead and enjoy it anyway.

The point is those who did not attend the party will miss the entertainment, not you.

Guess what!

Many times a woman will follow your lead. As this is what a woman wants—a woman wants a man who can lead things easily and well without making her uncomfortable or putting her under pressure to make the decisions.

5.2.3 Silent style:

If you had a great conversation based on the advice that I gave in the previous chapter it worked well.

"Hey, I'm in a bit of a hurry right now, I have an important appointment. Let's talk tomorrow."

As you say this, hand over her your phone with complete confidence and composure by looking straight into her eyes.

She will know exactly what to do. She will feed her mobile number.

If you do it right what you convey her at subconscious level is—hey, I trust you, I am confident enough that you will give me your phone number.

You convey that you are direct, you are different from others, you respect your time, and you are not a reserved approval-seeking man.

5.2.4 Storytelling suspense style:

Hey, I mentioned earlier in the conversation section about the importance of storytelling, I hope you have mastered that skill.

If you master that skill, you can take advantage of that here for getting a woman's phone number.

In this technique, what you need to do is to tell a woman an interesting story and at the end of the story, you should not reveal the climax that could create suspense and curiosity in her mind.

You can say something like this:

Hey, I have an important appointment and I need to move now.

I will tell you rest of the story later.

Give me your number, I will tell you once I free.

Even if you do not ask her number based on the suspense and interest you created while narrating the story, she would eager to know the climax and know more about you.

Guess what! Most of the time she wants to be in touch with you and most probably ask your phone number.

Every man who is successful with women is a very good storyteller

5.2.5 Email style:

Sometimes you have a limited time to interact with a woman. Perhaps, it is not possible to project the qualities that could attract her.

In these times, try to keep up the conversation for at least 5 minutes, indicate that you have to go.

When you let her know that, you have important things to do it distinguishes you from most men—who stick around a woman like "fevikwik glue"—and force her to end the conversation.

Instead, if you end the conversation first, she will be wondering about you for the rest of the day.

As you are getting ready to leave:

You: Hey, it was nice meeting her

Turn away as if you about walk away and suddenly turn back almost as an afterthought, and ask very calmly.

"Hey! Do you have an email?"

Everyone has e-mail these days, and almost everyone feels very comfortable giving it out.

When she is in the middle of writing, say, write your phone number as well.

You will be surprised! She will just write her phone number without thinking twice!

This works instantly many times—when a woman is prepared to give you her email ID her subconscious mind already filtered you positively.

In the middle of writing when you ask to write her phone number, she will not hesitate to write her phone number as her subconscious mind have already filtered you positively.

This technique is easy to use and works well many times.

5.2.6 Invite style:

If could not connect well with a woman—getting her phone number does not always assure you that she will answer. Perhaps, your chance of getting a date with her is rare.

Instead, if you invite her out on a date after a conversation—you get both the date and the phone number.

Here is how:

"Hey, I have to go right now, I have an important appointment. On date _____ I m going to _____ and I would love if you join me.

Create any small occasion (any small thing is enough, no need to be a big one) and invite her.

Once you set up a date, you simply say:

"Hey, give me your number in case something come up."

Perhaps, you will get less numbers this way, but you will get more dates with women. I think that is what, you want, right.

3 Key points in getting phone numbers:

Hey, Man, what is now?

You know how to approach a beautiful woman and how to converse with her and get her phone number.

The harsh reality, however, is getting a woman's phone number without connecting with her is a waste. Therefore, getting a phone number from a woman is not a great deal or a great achievement.

I have, however, seen many men consider getting a woman's phone number as a great achievement and make it very important

. They would often compare the success by the count of phone numbers they got from women.

My million-dollar aha moment is—if you collect phone numbers without connecting with the women, you will only get frustrated.

First connect with a woman then collect her phone number”

It all depends on how well you connected with her during the conversation. On the other hand, getting a woman's phone number is the only way to continue with a woman you meet randomly or at a Hidden Opportunity Place (a place where you see a woman only once).

Irrespective of how cool, confident, funny, smart and interesting man you are, there is no way to connect with her if you do not have her phone number.

So, when you approach a woman in the Hidden Opportunity Place or meet her randomly use some of the above techniques to get her phone number.

When you approach a woman at a High Interaction Place—like a dance class or college or office—you do not need to ask her phone number as you can see the same woman repeatedly.

Just connect with her and project your personality that you have taught so far. You will get a woman's phone numbers, dates, and so on...

5.3.1 When to call a woman:

You can call a woman anytime between 4 hrs to 48 hrs once you got her phone number. The reason is if you delay, too much you will dilute the excitement.

4 What really attracts women to men?

Today, most men are confused to understand what is attractive to a woman.

They are confused because they get contradictory advice.

If you ask men, most men say a woman is attracted to money, looks, and position of a man.

If you ask women, they say a woman is attracted to a nice man, have a sense of humor, and being who he is.

For instance, take the quality—being who he is—for a man who does not have experience with women. Being who he is, being a loser with women forever.

There is a lot of confusion and contradictory advice.

Any way why you believe what you believe:

How you ever wondered how these advices made your beliefs? Your beliefs were made based on how you consume information.

We—humans—are fast learners. We learn from family members, friends, and people around us, people we see on the street, on the TV, on social media such as Facebook, Twitter, magazines, and movies.

If your source of info is not reliable, your subconscious mind cannot notice the source.

According to the author Dr. Joseph Murphy, there are two levels to your mind: the conscious or rational level and the subconscious or irrational level.

You think with your conscious mind and whatever you think habitually sink down into your subconscious mind.

If you think good, good will follow, if you think evil, evil will follow. Your mind works this way. Once the subconscious mind accepts an idea, it begins to execute it.

The law of subconscious mind works similarly for both good and bad ideas—it is subtle truth of how our subconscious mind works.

If you assume consciously that something is true — even if you thought, it might be false—your subconscious mind will accept it as a true and then proceed to bring the reasons that validate it because you assume it consciously true.

Therefore, when you consume information from the mainstream—family, friends and society—your subconscious mind cannot assess whether that information can really help you or not.

Your subconscious mind does not do any rational thinking. It just accepts any information you consume consciously as true.

That is why you have to feed your mind with the right information. The information that gives you the results you want and avoid any information that does not give you the results.

Hence, stop consuming information from all these people.

How a beautiful woman gets attracted to a man anyway:

Attraction is a value: “Attraction is a subconscious process—and to a woman, it is the value that helps increase the chances of her survival and reproduction”.

The attraction has always been the same. “What attracted a woman back in the days of tribal groups is the same still that attracts a woman today”.

Many superficial things—like money, being good-looking, pretty, your clothes, your position—cannot influence her for survival and reproductive instincts like confidence, resourcefulness, fearlessness, and dominance.

5.5 How to attract beautiful women

You can attract a woman many ways— by sense of humor, challenge her, validating her positively/negatively, and with your value.

5.5.1 Humor:

Humor bonds people together. You can use humor to attract a woman but not how you have been taught by mainstream advice.

Remember when you use humour you have to convey a very belief —I am using humor for my personal entertainment and not to entertain others.

If you use humour to win friends or get claps—you lose your sense of identity—and will start reacting to others. Use humor only for your personal entertainment.

Each one of us has humor in us but we hid it under known fears and limiting beliefs.

Remember the equation to be cool: *Assertive + Fun = Cool*

Never use self-depreciating humor like a clown.

5.5.2 Challenge:

- Playful Challenge:

When you use playful challenge start seriously and end with a naughty smile.

Examples:

- *I love the way you laugh because you appear like a kitten when you laugh.*
- *Go to hottest woman in the party, say: Hey, I always talk to the most beautiful woman in the party, I was wondering, do you know the name of a woman over there.*
- *You are too much of a nice woman for me I cannot go with you.*
- *Hey, you know, you seem like a good girl, but you have bad girl mannerisms as well.*

While challenging, you need to assess her reaction and respond accordingly.

Never confuse playful challenge with an insult.

Any statements like
Oh, your breathe smells,
Do not spray on me while talking
You smell stinky, and
Using words likes bitch, slut etc.
Never say these.

- **Intellectual challenge:**

You can attract a woman by challenging about her intellect—about philosophy, politics, and religion (You have to have knowledge in that before you challenge a woman).

If things go off the limit during the intellectual challenge and you made a strong opposite impression, you can still turn those opposite impression into favor like below:

Let us assume, you and your woman are discussing something, at some point of discussion both of you have a difference of opinion.

Hey, Listen, you and I will never going to agree on this point even if we sit here for a month discussing on this topic.

You know what I like that. There are people who agree for the sake of agreeing. You and I do not belong to that category. I love that.

5.5.3 Validation:

You can attract a woman by validating a woman both positively and negatively.

#1 Positive Validation:

In positive validation, what you have to do — show your validation/approval to what a woman has said and done.

You have to show your approval without coming across arrogant or not in an offending way.

Example:

You: what do you do?

She: Fashion designer

Pause for a while,

You: It is cool to hear, most women I have interacted with are working as doctors, engineers, or as IT Professionals, engineers and doctors. Off late, I am getting bored about these professions. They are very generic. You are actually doing something that helps others look better. I like that.

Tell me more. (It's genuine, shows your high standards, values, and status)

In case if she says, she is a teacher or software engineer...you have to twist the point and say.

If you say, Oh, Wonderful, fantastic, cool, (you will appear needy and desperate)

- **#2 Negative validation:**

In this, you take out value from a woman and validate her negatively or show your disapproval to what woman has said and done.

You have to validate a woman both positively and negatively consistently, to keep her attracted to you.

Remember, you have to show your disapproval without coming across as a jerk or you should never insult or make her irritate.

You should do negative validation in fun tease manner like a big brother treats her bratty little sister.

Behave like a big bro with his bratty little sister. Get away from me, tease her, pull her hair, hide something she owns, tell her to wash your laundry, clean your room, etc.

A big bro clearly annoys by her presence. She also feels annoyance but she will be still around with him because of his masculine behavior.

Her inner lying belief is—if anyone messes with me my brother kills him (Feeling of security). A big bro never insults her but just make fun of her.

You have to do positive validation initial interaction. You can go to negative validation once both of you develops rapport.

Do not validate a woman negatively if you both did not develop rapport—it backfires.

5.5.4 Value & status dynamics:

When you first approach a woman, your value and status are neutral to her.

Remember—you always have to maintain high value and status than her.

Your words and actions should never communicate that you have less value and status than she does.

Never trade your value and status for her approval.

If your behavior communicates to a woman that you are approval seeking man—who just gives away his value & status for a woman's willingness to love back—it kills attraction instantly.

Alarmingly, what you were taught by mainstream advice is exactly this—to give away your value & status to get a woman's love.

The fact, if you attract a woman and keep doing what is working—not bothered about what is right—even if you are not the ideal picture of her Mr. Perfect she modifies her wants list in short-term. If you maintain high value and status, she even

You must demonstrate high value, high standards, and high status with a woman all the time—be it on a first date in a bedroom, and in a relationship.

changes her long-term wants list to match you and stay with you.

Instead, if you try to become of her ideal Mr. Perfect and changes your interests, habits, and beliefs to impress her—which is the only right way as per mainstream advice—what you have actually communicated is you have less value and status than she does.

In short term—she will lose attraction for you. In the long term— even she will literally hate you.

Then, you will go through a mental trauma wondering why she hated you even if you changed yourself to match her interests.

High standards, high value, and high status are core to human interaction and are more attractive to women.

A man who lives his purpose and does not bend his reality for a woman is a prize to her.

You always have to make her feel like—you would go away at any time, you can get sick of her, and may get bored of her.

When a woman feels, she is going to lose you for another woman she will feel challenged and will chase you.

Always demonstrate high value and high standards. This is very important—and even an Alpha woman want such men.

**A woman of value will love to have many followers
but only choose a leader to date and mate.**

So, lead your love—you project high value, and high status and high standards naturally.

5.5.5 Attractive character—attracts beautiful women without being rich & handsome:

What many single men do—during the initial days of dating a woman—is they show their bland characters.

What they do not realize is a man has two characters in him—one is the "Attractive character" and other is the "bland character". A man's success with a woman depends on which character he shows to her.

The social conditioning has buried our attractive character under meaningless social fears—such as rejections and criticisms.

As a result, many men are wired to show a girl the bland boring character rather than the attractive one.

For instance, recollect an instance in your life when someone fascinated by you—and your friends—for something. There you are—it is your attractive character. You had forgotten many instances for which others were so fascinated.

Bring Out The Hidden Attractive Character In You

Every one of us has attractive characters—that draw people like a magnet to us.

For instance, we see many average-looking men with average income hang out with beautiful women in every lifestyle—in these instances, the average looking men with average income showed their "Attractive Character" to the women.

If you realize you have an attractive character—and take time to harness your attractive character consciously to attract women—you can attract them without being rich and handsome.

How can you use your attractive character?

You need three components—story lines, elements, and your identity—to build your attractive character. You should include all three components to build your attractive character.

As I told in the storytelling
tion, express your views that
ng out these things to build
ur attractive character while
eracting with a woman.

**"Being attractive is
intentionally attracting a
woman by showing your
attractive character"**

- *Story lines—theme or plot*
- *Elements—characters, elements of surprises, elements of adventure, elements pride*
- *Identity—the leader, the reluctant hero that had overcome that finally, the adventurer*

**"Attracting a woman is
a skill of attracting the attractiveness of her
by showing your attractive character**

-

If you show a woman your "Attractive Character", you will
uch more attractive to her naturally without being rich and
andsome.

5.6 First date tips—how to impress her on your first date:

Bear in mind you will never get a second chance to attract
a woman if you mess up on your first date. Hence, what to say
and how to behave on the first date is important.

Yet you should not be —I do not want to mess up with
her— attitude. If you are too careful and behave very
reserved—it could spoil the excitement of a date.

1. Be the best man:

A woman pays attention to even small details—it is her
nature. Pay attention to yourself—groom like a man. Maintain a
good hygiene—pay attention to body-odor and get rid of it.

Wear a good dress that resembles your personality—if you
like to wear jeans, go for that and if you like to wear formals, go
for that. You do not need to change your style of the sake of a
woman. But make sure your clothes fits well on your body.
Never convey neediness or express that you badly need her
during the date.

Make a point clear to the woman that you have better
things to do in life. I have a great life and celebrating it—I am
just checking out whether I can take you into that life or not. Do

...t tell that—communicate through your body language and personality.

2. Be unpredictable:

The first date is not a formal one—like a job interview, a press conference or a marriage process. But the problem is most men behave boringly—by doing boring things & routines from boring suggestions from boring friends.

Hence, do not ask boring questions like below:

- Do you like me?
- What are your hobbies?
- What do you do for a living?
- Do you think we are a good match?
- How do you think this particular date is going?

Instead, have conversations (as I taught you in the chapter on conversing with women) that trigger interest, curiosity, and suspense in her. When you insert these elements in a conversation—attraction sparks at a subconscious level. She feels, as you are “the one in million men she is looking for”.

If she gets a sense—that she will celebrate her life if you become her boyfriend—she will chase you.

3. Understand sexual psychology:

A woman is seduced differently than a man. One of the important differences between the sexual psychology of men and women is—women are emotional than men are and men are visual than women are.

A man is seduced by a woman’s physical beauty— how appealing the curves beneath the tight fitting dress. But a woman cannot choose a man based on mere looks because the stakes are high if he is a wrong choice.

Women will get attracted to how you make them feel— quite concerned with things like how you behave in different situations and make her connected emotionally.

Hence, project your personality, which is congruent to whom you are. If your words and actions are not congruent, she could sense quickly.

7 How to avoid friend zone with your special woman:

Sometime a man could face a situation like this: He meets special woman that he wants to start a romantic relationship—but when he tries to express his interest to her—she says to him something like "I just want to be friends with you or even worse, think of you as a brother, not a boyfriend".

It is the most uncomfortable situation a man can face—as he is the beautiful woman he wanted and already hanging out for some time. If a man had to face this situation in life—his emotional pain is similar as someone is poking him with a sharp needle on the skin. I do not want you to be in that situation.

Here are the best 3 tips that help you to avoid friend zone with your special woman:

1. Be attractive and challenging than being nice and cooperative:

Generally, most men are nice and cooperative with a beautiful woman due to social conditioning. As a result, she will not feel any challenge to feel attraction for them. If you behave like one of them, she will put you in her friend zone.

As I said in previous sections, to avoid landing in the friend zone of a beautiful woman you have to keep challenging her. A woman gets attracted to a man who she does not have in her life, but not a man who she can get easily.

If you agree to a woman to whatever she says or does—she gets a sense that she could get you easily—she will not feel any challenge/compulsion to feel attracted to you.

Hence, keep challenging a woman— sometimes flirt her, sometimes fun tease her, sometimes make a positive validation and some make a negative validation—as I taught in the previous sections.

2. Keep some distance:

In general, most men babysit and give way too much of attention when they get a beautiful woman. They try to shower her with many gifts.

Alarmingly, this mainstream approach makes no scope for a woman to chase you. When she gets a feeling—that you had been surrendered already to her—she will not feel any compulsion to chase you.

Then, she will disregard you as a man and choose another man who is hard to get. *“Being hard to get is a key component in*

acting opposite sex". That's what every woman does with a man during initial phase of dating.

So, do not pamper a woman with all your attention, do not shower her with many gifts. *Play hard enough so that she will miss you.*

3. Do not keep all your eggs in one basket:

I hope you know what that means—*do not risk everything on one endeavor*. Do not keep your hopes on a single woman. There is no commitment from her as you are just friends.

Going forward, start meeting other beautiful women in addition to the woman you wish to make a girlfriend. Start interacting with other women in front of her either in person or over the phone.

This makes your special woman think that you have other options—and other beautiful women like you romantically. This could trigger compulsion in her mind to compete for you, which is a good sign.

Make yourself scarce to her—as you are too busy to see her.

Longing always directs its attention towards what is missing and something in short supply"

If you project as a man—who is scarcely available and someone who understands attraction and women well—she will feel a strong emotional compulsion that she could lose you for other women. If she tells you—that you are not giving her enough time and eager to get your time and attention—you are on the right track.

If any woman behaves indifferently, there is only one answer, walk and stay away from her but do not end up in the friend zone.

After all, many beautiful women could have interest to love you in the world.

5.8 The 15 obvious signs she is not interested:

Here is a small story of Karan—Karan is an Engineering Student in Mumbai, India. He was a single man—and a fan of Bollywood movies. He never skips a movie with a love theme. He saw his dream girl Reema when she joined their college, in the 3rd year of engineering.

He fell in love with her at first sight. Since then, he started pursuing her. Reema knows that Karan is a very nice guy. But she never told Karan that she likes him.

After waiting almost two years when they were about to become tech graduates, one day, he proposed her. To his surprise—Reema rejected his proposal and she said she loves another guy.

Karan was so upset and wanted to know—why the hell she did not love him. Even if she did not love him—why could not she sense that early.

Many men like Karan do not get it if a woman is not interested in them and wastes their previous time. I don't want to be one of them.

If a woman you are with showing the following 15 signs—she is not interested in you romantically. Watch out for these obvious signs and do not waste time, effort and energy on pursuing a wrong woman like Karan.

- *She does not make an effort to know about you or the things you like*
- *She doesn't make time for you*
- *She doesn't laugh at your jokes*
- *She doesn't put any effort to look good for you*
- *She does not accept your invitation to hang out*

- *She does not respond to your text (even when she does very slowly or it is only one worded reply)*
- *She does not answer your calls*
- *She does not make eye contact when you talk to her*
- *She nods her head instead of answering.*
- *She shifts her body away from you during conversation*
- *She looks around the room instead of looking at you*
- *She gives only one-word answers when you try to push the conversation.*
- *She does not introduce you to her friends*
- *She avoids being alone with you*
- *She mentions another man*

5.9 How to stop being boring with women?

Swetha— a young attractive woman—is dating a smart intelligent man, Ram. Off late, Swetha is becoming boring with Ram even if he does everything she wants. Like Swetha, many women complain men—even some intelligent men—as boring.

If you implement what I say in this section—you will become romantic, mysterious, spontaneous and unpredictable. Let us look two scenarios:

Here Is A Story Of Ram:

There is a man named Ram who likes his classmate Swetha very much. Swetha tells that she would love to get flowers from him and she would love Ram to take her to a nice restaurant for dinner on Saturday night.

As Ram is a nice guy he gives Swetha flowers and took her to the restaurant she wanted to go on Saturday night. Now Swetha got what she wanted—she told him where to do it when to do it and of course, our boring Ram did exactly what she said.

Where is excitement—mystery, romance, and spontaneity—everything is boring as it is predictable. Ram did exactly what she said—no suspense at all. The process is boring.

Here Is A Story Of Sam:

There is a man named, "Sam" who likes his colleague "Amber" very much—but he never tells that in a predictable way.

Amber tells Sam—that she would love to get flowers from him and would like to go out for a dinner on Saturday to one of her favorite restaurants.

Sam told Amber—that he is busy on Saturday—but it is okay for him to take her for lunch on Thursday. They had lunch together but he did not give her flowers.

A couple of weeks later Sam surprised Amber—by taking her to her favorite restaurant on Wednesday night. When they arrived, a waiter brings some flowers—that Sam arranged in advance. Now look, how thrilling the experience is for Amber.

What is the difference between the Ram and Sam?

Ram gave Swetha—exactly what she wanted when she wanted—completely on her terms. Ram was so predictable in all his actions. Being predictable is boring to everyone not only to girls.

Let me ask you a question: Do you like a friend who can be guessed before he talks? You will not. Similarly, a woman gets bored easily with a predictable man.

On the other hand, Sam gave Amber—what she wanted—but on his terms. Did you get—that the spontaneous Wednesday date was much exciting than the boring Saturday date.

Lead your love and make her feel spiced up and exciting with you:

If Ram continues this behavior Swetha will lose interest in him—as she knows how Ram acts in each situation—as she can control him easily. And Ram showed indecisiveness in the

situations—by just following her instructions without understanding how attraction works.

What Ram, many men do not know—a woman of value looks for a man—who is a leader. If you are indecisive—you will rely on the decisions of the others or do same things repeatedly—you will become boring. This is not a good sign in the dating life.

**"If you want your life to be exciting and spiced up,
just step out of your comfort zone
and lead your love."**

In case you become indecisive, change that habit. Make all decisions—start making every small decision in your life whether they are right or wrong as Sam did. Over a period, you will become good at making decisions—will bring spontaneity to your life.

5.10 Top 10 mistakes to avoid as a single man:

Here are the top ten dangerous mistakes you should never do as single men if you want to get the girlfriend you desire fast

- *Thinking love will happen automatically*
- *Peruse only one woman*
- *Trying to "convince" a woman to like you*
- *Peruse a woman who has no interest in you—You could find a woman you have interest in you quickly*
- *Make an excuse not to approach a woman you like —and not approaching women at all*
- *Saying "I love you" without attracting*
- *Showing a woman weak personality traits—like Complaining about being single, complaining about women, and talk about any ex-girlfriend more than necessary or say anything negative about her*
- *Trying to buy a woman affection with gifts*
- *Not getting help from experts when in need*
- *Not taking action*

11 Never convey your interest in advance:

When you meet a beautiful woman — you are interested —the mainstream (social conditioning) advices to communicate your interest to her sincerely.

When you express your interest, she will understand your sincerity—and will accept your proposal.

Alas! If you have tried this stuff ever, you will get a clear NO unless the woman has already attracted to you.

Have you ever wondered why the mainstream advice did not work?

Here is the answer to the piece of the puzzle.

If you convey a woman that you are interested in dating or marrying her within few minutes of knowing her—you are committing to her that she is such a romantically qualified person to you.

But for a woman to say YES to your proposal—she has to make many decisions and has to commit many things. Hence, most probably you will get answer as a clear NO.

Instead, have a great conversation with her and try to connect with her deeply and walk out from there with her number. There will be great possibilities of that conversation leading to your date and so on.

Hence, next time when you get an opportunity to have a conversation with a beautiful woman—do not rush to express your feelings about her. Expressing your interest to woman in advance shift your power to her and makes her in the lead position. Then it will be up to her whether to accept your proposal or reject—it could spoil your chances if any.

5.12 Avoid these 3-types of women:

When you start meeting new women, you always hope for the best—later, you will realize that you do not want some type of women at all.

As life style is getting tough, some women do have bad childhoods and past relationships. I do not want you to end up with one of them—and realize later that you wasted years of time.

Type#1 She has no interest in you:

The worst thing that could happen in your life—is waiting for a woman for many years and realizes later that she has no interest in you.

Of course, many men have such instances. Alarmingly, most men behave in this manner. That's why I want you to "lead your life".

Waiting for a woman who has no interest in you is the biggest mistake.

Most men have this type of a woman in their life.

I am talking about the woman—that you have been longing for months and years—but the woman has no interest in you.

This is the woman, you think

- She might like you but she does not show any real signs of interest in you.
- You think you have a chance with her—but you do not have.
- You have been trying repeatedly—or you have waited too long—but she puts you in the friend zone.

The best advice I can give you over and over again—do not waste your time with her—and find a woman with whom you can lead your life.

This woman is more toxic than any one in your life—as she is a roadblock in your success journey with other women.

For instance, a woman—whom you have not met in person—like in online dating or Facebook.

The typical Bollywood style: The "hero and the heroine" wait 5 years for each other—and they meet finally and live happily ever together.

It is a stupid drama social conditioning taught us—and the name is true love. Do not fall prey for this stupid drama. So avoid any woman who does not have an interest in you.

Live in an abundant mindset—many women are there who could have an interest to love you. Avoid any woman who does not have interest in you—whether online or offline—and leave your love.

Type#2 Drama queens:

Many women tend to complain—yet I am talking—about a woman who complains non-stop.

Something always bothers her—she will find everything and anything to complain about in the life. This woman is filled with terrible negative energy—and full of pessimism.

She complains about everything—her job, about her friends, about her family, about politics, the state of the world and even about you.

She will turn small things into dramas and huge fights in your relationship. The irony is—even when things are smooth—you will find some drama or will find a way to join someone else's drama.

This woman feeds herself with drama—drama makes her happy. If you continue with her—she will drag you down—you will be annoyed quickly.

Type#3 Party addict:

She is the woman who is always in party mode—the one who is addicted to alcohol and drugs—and is always flirting with a bunch of men.

Here is a catch—the initial days with this type of woman will be very tempting and seductive. She seems sweet—as you both will have a lot of fun together.

But if you find this is more of her lifestyle—and not just something that she likes to do for fun—it is better to avoid her.

I know many men do not want this type of life style:

This woman use alcohol or drugs—to help her to run away from the reality. She will have affairs with many men—and could live an unhealthy lifestyle.

If you continue with this type of woman—soon you will have to face unnecessary problems in the life.

As it is her life style—she usually ends up in a problem with the law enforcement agencies. You will be in a trap—and you will feel an urge to help her to sort out her problems. Do not try to change her—she does not because it is her life style. I advise you not to be a part of her problems.

In addition, avoid an offending woman—a woman who hates men. Perhaps, you could find some exceptional, psychic, emotionally immature women. As always, a certain percentage of people are crazy—and women are no exception to this rule. You do not need such women. Please do not waste your time—dealing with their issues and thinking how to handle them.

6 Why Most Men Fail With Women & How You Can Overcome?

Most men have no idea why they are unsuccessful with woman. Many issues that cause them to fail with beautiful women are unknown to them. Most issues are internal, self imposed or imposed by society.

In this chapter, I will address all those issues and will provide effective solutions to overcome.

Men across globe usually have LIAR inside them, which is responsible for their failure with beautiful women.

6.1 The LIAR inside You:

The LIAR is the one that made you little, weak and victim of your life and prevented you having success with women you always wanted.

If you want to succeed with women, you have to identify that bloody LIAR and kick him out of your life.

Are you getting angry against this LIAR?

Really, want to kick him out

Here is he—that bloody LIAR—I brought for you:

LIAR- Limiting beliefs-Idealism-Approach Reluctance

They are your:

- Limiting beliefs about Looks and Money
- Idealizing about women, love and the world

Approach Reluctance due to your Subconscious Fears and
proach Anxiety

6.1.1 Limiting beliefs:

A limiting belief is a belief that limits us in some way—
ually in thinking, saying and doing. Thus, it limits us in
ny ways in our lives.

Just by believing a limiting belief, we do not think, say and
the things that are important for us. Therefore, we ruin our
es.

We may have limiting beliefs about rights, duties, abilities,
missions and so on.

For example, men usually have "limiting beliefs" that
oks and money" matter in attracting beautiful women—and
ongly believe that beautiful women only like handsome &
h men.

Mainstream advice often forms these limiting beliefs in us
through various means.

Limiting beliefs are often about our self-identity and us.
These beliefs may also be about other people and the world in
general. In any case, they sadly limit us.

For instance, Doubting that you are

- Not good looking enough that women to be
interested in,
- Not having enough hair
- Not having enough height,
- Not having a luxury car,
- Not having enough income and so on

Looks & Money:

Looks and money are the most common limiting belief
men around the globe have. They think that looks and money
matters in attracting beautiful women. The reality, however
these are not important in attracting women.

Let me prove it to you why looks and money does
matter:

If looks in a man is the only thing that matters—all
beautiful women should get married to handsome hunks only.

If the amount of money is the only thing that matters—all beautiful women should get married to rich men only.

So, now answer my questions below:

Have you only seen a beautiful woman hanging out only with handsome hunks?

Have you only seen a beautiful woman hanging out only with rich men?

I know—the answer is NO

Have you not seen any beautiful woman hanging out with average looking man in your life as so far?

Have you not seen any beautiful woman hanging out with a man that has average income?

Yes, I know, you have seen many of them, absolutely, there are many.

Then, why do you believe that looks and money only matters in getting beautiful women?

The reason is mainstream advice—the inexperienced friends, biased parents, Society and Media—fed your brain constantly. They did it for their own benefit.

Parents want you to listen to them. Friends want entertainment. Media want soap opera stories and society want you to control.

All of them have some or other benefit in influencing you. That is okay for them.

But...

Is it good for you?

Do you know the difference between an intelligent and a stupid person?

"An intelligent person is the one who spend his time learning and doing things that helps him reach his goals in life"

"A stupid person is the one who spend his time on learning and doing things that pushes him away from his goals in life".

Like many men, I had been a stupid person when dealing with women for several years.

I know most men behave stupidly—I was not alone. :-)

I know that your goal is to get the dream girl you have always wanted.

If the mainstream advice does not work, there is no point believing in them, right?

So remove all the mainstream useless information that did not help reaching your personal goals in life.

Next time, anyone says looks and money matters to attract a beautiful woman—just laugh at him or her silently for their limiting beliefs.

Always there is some small exceptional percentage of people in every category of life. There are a small percentage of men—gold-diggers—who are attracted to men with money. I hope you do not need those gold diggers.

It is also the same with bodybuilders—most women are tired of them—but the very small percentage of women is obsessed with them.

Most women are not attracted to money—except a gold-digger. Tell me one thing— you really want to date a gold-digger.

6.1.2 Idealism:

The following interview with an idealist and a realist would be a perfect example if you want to understand, what idealism is.

What do you think about true love?

- **Idealist:**

True love is real and lasts forever!

Love is one of the ultimate goals in a human being's life!

Love is the pinnacle of experience one should have!

Once you fall in love—the sun smiles down at you all day and pink butterflies literally shoot out of bushes.

You will never get sick of your lover and you both will grow old together.

You will die hold each other's arms and proving your love to be eternal.

- **Realist:**

Often, the true love is a mere passion or lust. Love is more like affection for another human being that matures over the years like good wine.

Love is needed to keep two people together long enough for reproduction while allowing them to tolerate each other well into their elderly years.

What do you hope to achieve in life?

- **Idealist:**

Save all the people! End poverty! End suffering! Save all the animals! Stop war forever! Promote world peace! Become a writer and touch a billion other dreamers around the world with my words! I could not give a damn about money! Let us end discrimination and hatred and then all human beings will live in harmony! Yeah!

- **Realist:**

I want to make a difference if I can and if it is within my means. Of course, I want to have a good career so I can provide for my family and enjoy the good things in life. I want to be happy. After that, I will donate to charities, be kind, and respect all people.

If you have been suffering from idealistic thoughts, the big problem with you—you think the world is different & the men are different.

Then you make a woman too important or too meaningful.

Just go back read the answers given by idealist.

When you think idealistic way, you will focus on the things that are not in your control—the result is frustration.

If you are a victim of idealism, you only see the physical appearance of a beautiful woman. You imagine her as a perfect angel and perceive her inside attributes as perfect as your idealistic woman.

After you understand more about her, things will change. Finally, your feelings will drop. Her physical beauty will slowly become average to you.

When you understand what she actually is—you will go through the hardship and frustration. The truth—your approach is idealistic, not realistic.

"Therefore, do not idealize beautiful women as perfect angels. They have their flaws and insecurities as well".

6.1.3 Approach reluctance:

Sometimes, you thought of approaching a beautiful man at any cost but somehow you could not approach her.

Have you ever asked why that happened to you?

It is because some internal unknown fears prevented you from approaching a woman and if at all you approached her, you felt very anxious.

I termed these unknown fears and anxiety as "approach reluctance".

You will get approach reluctance due to subconscious and approach anxiety.

Subconscious fears are internal and unknown to you.

Approach anxiety is caused when you are in an unfamiliar situation where you do not know what to do and how to act.

#1. Subconscious Fears:

Sometimes you have some fears that you do not even know unless you consciously look for them.

Three main "subconscious fears" that fuel your Approach Reluctance are:

- *Fear of the approach:* You do not believe approaching a woman— who is stranger—will work.

In some cultures, it seems unnatural to walk up to a woman— who is stranger—to start conversations.

- *Fear of refusal or rejection:* You do not want a woman to reject you because you make it too meaningful.
- *Fear of oral abuse or physical violence:* You do not know what to say and what to expect from a woman.

You fear of oral abuse from her or physical violence.

There is a reason why your subconscious mind warns you about these unrealistic fears.

Back in cavemen days, there were potential consequences if a man approaches a beautiful woman unless he was a tribal leader.

If a woman rejects him— that would quickly be known to other women in the tribe that could lead to rejection from other women as well—means no mating at all.

Another dangerous consequence is— a dominant man in tribe would confront him that could cause physical injury leading to death.

Therefore, our ancestors would fear of approaching beautiful women unless he is a leader of the tribe or a strong alpha male.

Today, in our ultra-advanced globalized society will it happen?

The subconscious fear somehow hard lived in our brain but it is not real.

Approaching women is much less easy than you think these days.

If you ask this question at a deeper level, you feel anxious not only with a beautiful woman but also with women in general.

If you further ask, you will have social anxiety not only with women but also with other people, you do not know in general.

Your current fears are a result of mainstream advice and wrong reference groups in your environment.

member— an anxious man is a big turn off for a woman.

A woman wants Mr. Cool and is attracted to a man, who behaves calm and remain confident in any situation.

It is not how you felt inside—it is what you projected outside that matter”.

“You will feel confident both inside and outside with practice.

#2. Approach Anxiety:

Have you ever come across the situation in life—like you saw, a beautiful woman and you wanted to talk to her?

You thought for a moment life seems nothing without her— life is a waste if you do not get her.

Nevertheless, you could not utter a single word after you approached her.

Incidentally, you went through mental and emotional strain as if a hungry lioness is going to eat you.

In those couple of minutes, you felt mental, emotional and physical responses—like, sweating, pulse down, increased heart rate, excessive breathing and so on.

You know what—you went through anxiety. In the dating world, we call it as approach anxiety.

Approach anxiety is a tension that you feel in just before approaching a woman or a group of women—that is actually a common thing among men.

The anxiety originates in the body to our fight or flight response. Women also experience a similar anxiety but they get differently as compared to men.

A woman will get anxiety when she is nearby to a man she loves secretly.

Examples:

- Sweating,
- Pulse down,
- Increased heart rate,
- Excessive breathing,
- Loss for words,

- If at all, you say anything, you just mumble,
- Fidgeting

If you come across this anxiety with a beautiful woman, it is okay. It is no different from any experience that you had the first time.

For instance, job interview, public speaking emergencies, and life-threatening situations. The more experienced you become you will handle them with calm, composure, and confidence.

This anxiety usually comes to us when we are in unfamiliar situations. In the context of women, we call it Approach Anxiety.

Anxiety is a common thing you will come across while you approach a beautiful woman—if you are approaching her for the first time.

It is normal. You usually get anxiety when you are in unfamiliar situations or places—as your subconscious mind foresees a negative consequence.

2 Why do you have LIAR inside you?

Most people in the world walk through life in confusion. They do not know—what their values are, who they are or what they want out of life.

The limiting beliefs, idealism and Approach Reluctance are often formed through social conditioning (mainstream advice) and reference groups.

6.2.1 Social conditioning:

Do you know why most men think "looks and money" is important to attract a beautiful woman?

Did you ever ask yourself why and you think like that? The answer is social conditioning.

Social conditioning is a process of training individuals in a society to have certain beliefs, desires, behaviors, and emotional reactions that are approved by society in general.

All—your parents, teachers, peers and people in your community, the novels you read, the media, and the ads you see—have influence over you.

Your social conditioning begins when you were just a baby and remains throughout your childhood and adolescence. The influence, however, will carry forward with your entire life.

Well, most of the social conditioning meant for the well-being of Society at a bigger perspective.

Unfortunately, when it comes to love, sex and relationships most of what we have been taught is wrong.

Most people will never observe this massive influence on their thinking. Even if some people observe the influence, they will never realize fully to what extent it shapes their perception and interaction with the world.

In other words, we form these beliefs through our experiences and the experiences of others—the context through which we form these beliefs is influenced heavily by the society we belong.

Generally, we form beliefs in two ways:

1. The first is through our own experience and
2. The second is through the experience of others from society we live in.

Example 1:

We know that we should not jump out of a running train.

How do we know this?

We know—if we jump—we will get hurt.

We usually do not experience these on our own but we know from the social conditioning—by parents, television news, movies, etc. It is— in fact—good for our safety.

Example 2:

In Indian society, people follow a sequence of mating—to love a woman, marry her with the approval of parents then mate.

In western society, people follow a sequence of mating— mate a woman, love her, and then marry a woman.

Now, the question is which one is right.

The answer is both are right as per their social conditioning.

The one that is right in one culture can be wrong in another culture. Thus, sometimes what you learn from society may not always correct.

Social conditioning is good for other people like religious gurus and moral guardians of society and women—but not for you.

To give you more clarity let us travel to ancient times. In the ancient time, then intelligent people made some social rules and norms. The objective was to control and keep general masses to in an order.

These people made the rules and norms for a larger benefit of the society. Interestingly they made themselves exempt from these rules and norms.

Let me give you a few examples:

- *When we— humans—used to live under a King, the king passed many rules and norms such as generally masses should get marry only one woman whereas the king get married to many women.*
- *In the current, your favorite hero acts as a true lover and sends a message to the society that we should do the same. Nevertheless, in his real life, he dates many women he wants.*
- *You know many politicians who preach monogamy and have many secret affairs.*

Why do these people tell us lies, maintain double standards, and live in hypocrisy?

These people are the role models of the society and they teach what is good for society at a larger level and always show their idealized versions to us. So that, they would be treated as role models and accepted by general masses in that society.

However, when they want to fulfill their desires, they lead a secret life or maintain double standards. If you want to become successful with women, you should not follow these meaningless social norms.

Understand social conditioning—what influence it has on your thinking. Do not follow blindly—only adopt the things that add value to your life. Have your own standards.

The problem with social conditioning is—when you see beautiful women—it makes your mind to process your value to her. You will come from a mindset where you react to idealistic standards.

Social conditioning makes you look at idealistic standards — for instance, Bollywood & Hollywood—to determine your value. In that case, you will always lose—even if you meet society's standards of successful and good-looking.

Instead, when you have your own standards and your mindset is strong, other people will follow you and try to live up to your standards. When you approach a beautiful woman with your own standards—you will be far more likely to attract her.

**Always surround yourself with
reference groups that take you closer to
your goals in life**

Women are weird to choose men that stand out from the crowd—the crowd is doing exactly what social conditioning tells them.

If you approach a woman as taught by social conditioning, you will come across as lame, desperate, needy, weak, and be a loser. These approaches actually communicate a low social value to a woman.

Do not live in that mass confusion.

*Lead your love and live like a smart
intelligent man.*

2.2 Reference groups:

A reference group is a group to which an individual is associated with most of the time.

In simple words, you will become like one of those persons you surrounded with whether you know that consciously or not.

If you spend most of your time with intellectual people, you will become one of the scholars. If you spend most of the time with rogues, chances are you will become one.

That is why it is always important to check your reference groups as you draw your references from that.

Always surround yourself with reference groups that take you closer to your goals in life.

If you sense that, your current reference groups is pushing you away from your goals in life simply leave that.

Find out new reference groups that help you to reach your goals in life.

Here is an example how we form limiting beliefs:

One of your parents always said to you that you were incapable running a marathon. It becomes a reality

for you— as your subconscious mind accepts. You usually quit running in between even if you attempted.

Moreover, when you do not have any reference group—friends or classmates in your college who can run a marathon—it prevents you see that someone like you can actually run.

6.3 How do you overcome your LIAR?

1. Understand the reality and seek continuous learning.
2. Ask specific and right questions
3. Change the paradigm on LIAR and
4. Work on them until you get them as habit

6.3.1 Overcoming limiting beliefs:

First, get rid of the limiting beliefs that you have—such as you need good looks, money etc—to attract beautiful women.

There are many men out there living a rock star lifestyle without them. Apart from that, understand what other limiting beliefs you have and recognize them.

Limiting beliefs are often formed through social conditioning.

For example, let us assess the marathon example I said in previous section.

When one of your parents always said to you that you incapable running a marathon—it became a reality for you, your subconscious mind accepts that.

How should you overcome this limiting belief?

I will give a ROPE to overcome the challenge—it is, however, you who have to climb it.

Right Info-Observe-Practice & Execute

- Right Info:
Seeking right info that takes to your goals in life
- Observe:
Observing a situation by asking specific questions. For example:
 - *Does an average adult in my age group can run?*
 - *If answer is YES, then why I cannot*

- *Do I have a physical disability?*
- *If answer is NO, then why I cannot*
- Then the real answer comes to you—your limiting beliefs disabled you mentally.
- Practice:
Practicing until you become good at the skill
In case of marathon to practice for a couple of months
- Execute:
Finally, by executing the skill—actually running a marathon, you will change the limiting belief about the marathon.

Now let us do an exercise:

Now, close your eyes, take a deep breath three times and relax.

Then open your eyes see the world and the people how they are and accept them the way they are.

Now ask yourself, the following questions:

- *Are beautiful women not friendly enough to talk?*
- *Do women love only handsome men?*
- *Are women marrying only rich men?*
- *Is there nothing interesting about you?*

The answer is No.

Write down your limiting beliefs and work on them, as mentioned above.

6.3.2 Overcoming idealism:

Going forward, make some changes— those changes which help you to become more authentic and a mature man—in your life.

Now let us do the same exercise again:

Now, close your eyes again, take a deep breath three times, and relax.

Then open your eyes see the world and the people how they are and accept them the way they are.

Now ask yourself, the following questions:

- *Are beautiful women are perfect angels and do not they have any insecurities?*
- *Does love be eternal?*
- *Is love worth sacrificing your life?*
- *Is love only one thing that matters?*

Get a positive and realistic outlook about women—stop idealizing beautiful women as perfect angels—they have their insecurities as well.

Care other people but do not care what they think of you—it is not about you, it is about them and their idealist way of seeing the world.

Always remember in life, you cannot change others—you can only change yourself.

Pick up is nothing but picking you up.

Here is a small story I heard that is relevant here:

Once a dog ran into a museum where all the walls—the ceiling, the door and even the floor—were made of mirror.

When the dog froze in surprise in the middle of the hallway when it sees—a whole pack of dogs surrounded it from all sides from above and below.

The dog bared its teeth, all the reflections responded to it in the same way.

The dog frightened and barked frantically. The reflections imitated the bark and increased it many times.

The dog barked even harder and the echo was keeping up.

The dog tossed from one side to another, biting the air—its reflections also tossed around snapping their teeth.

Next day in the morning, the museum security guards found the miserable dog, lifeless and surrounded by a million reflections of lifeless dogs.

There was nobody, who would make any harm to the dog. The dog died by fighting with its own reflections.

Similarly, the world does not bring good or evil on its own. Everything that is happening around us is the reflection of our own thoughts, feelings, wishes, and actions.

The World is a big mirror. Strike a good pose, a winners' mindset, and the world will respond back at you in the same way. Trust me.

The problem with limiting beliefs—you will underestimate your capabilities.

The problem with idealism—you will overestimate things in which you have no control.

So, strike a balance and get realistic.

6.3.3 Overcoming approach reluctance:

Most men often feel anxiety when approach a beautiful woman—that is quite normal.

In my opinion, if you do not feel approach anxiety picking up a woman would not be much exciting.

You need to understand one thing that if do not approach a woman there is no way you will get her.

You do not know—what is in her mind—unless you actually approach and converse with her.

Do not give yourself self-defeating excuses—oh, she might already have a boyfriend, she might like the man around her. He might be just one of her classmate or colleague or a neighbor or just a friend. Do not just come to conclusion without approaching and talk to her.

If you are uncomfortable to approach a woman, first you need to learn how to get over the fear of approaching people in general, both men and women if you are new to this.

You can apply the same method to approach beautiful women as well. Most people are not comfortable in approaching a total stranger outside their social circle.

If you are not comfortable in approaching and interacting strangers outside your social circle—you cannot approach a woman who is a total stranger to you.

It is important to improve the ability to approach a total stranger. It will open more opportunities—for networking, expanding social circles, creating opportunities, seeking new knowledge, and of course your dream women.

The more you stick to your “own little world” the more anxious you will become in natural social interactions. The more you start approaching strangers the more comfortable you will become in natural social interactions.

Let me ask you a question...

Do you fear of approaching your friend?

Of course, you do not. You have to understand that all of your friends now, were the strangers once in the past.

Now let us do an exercise:

Close your eyes and remember the names of three best friends you have.

List them in order.

Now, try to recollect how you met all of them one by one.

Open your eyes once you have done.

Who had some aha moment?

Now you might have gone through something similar like:

- *You both were in some situation where you both need to know about something initially,*

Or

- *You or he might be enquiring about some info,*

Or

- *Just a casual interaction and so on*

And

- *You both became friends after some time.*

That was very natural—and all that happened with a small interaction.

Now come out of your little circle and start approaching the people, in general, both men and women. Start approaching people daily until it will become a habit.

To start with, Say HI and smile with at least three strangers a day for a month. After you said Hi and smile, you

can ask anything that is situational and that fits the context. It is that easy.

Example: 1

Every person in your day is a new opportunity for you to discover something new.

Once you say Hi, smile, and now strike up a conversation with every person you come across. (With the person at the newspaper stand, with the people you are stuck with in the elevator, with the bus driver, with the door attendant, with the person who works on the floor below you, etc.)

If you are still not comfortable in interacting with strangers talk to people who have low status to you for a week.

Most people would welcome the interruption as everybody is living in their own daily routine. It is a beautiful and pleasant surprise if you break that routine. You can do it many ways based on the situation you are in.

Example: 2

Just to comment on the surroundings. It is one of the most effective and best ways to start a conversation.

What may happen then?

They will begin to “scan” you by giving you a quick look at you. This is just basic human instinct as just to see whether you pose any physical threat to them.

You will literally be able to sense their “shields” go down or up, and if their shield goes up, just Smile again.

A sincere and genuine smile will disarm any shield and put the other person at ease. Try it. It works very well.

After all, we are all humans. We share the same thoughts, feelings. We chase the feelings that make us wonder and avoid the feelings that make us concern even though we display different personalities, status, and nationalities.

Always remember, no one greater and no one lesser than the person around you for the first time you meet. Both of your statuses are same.

It depends on how you project your personality to them that matters. Therefore, it is totally in your control how you can project to them.

Use Some Techniques For Approach Reluctance:

Are you still getting approach reluctance even after you practice approaching?

Many ways you can avoid approach reluctance but here are the top three techniques you can start practicing.

- *Feel The Fear and Do It Anyway:* The only method to overcome this fear is to face it. Over a period, you will discover that approaching women make you more powerful as you know your fear is meaningless.

Accept this truth—re-frame and keep reminding yourself a truth that you are not going to put your head into a lioness's mouth—you are just talking to a woman who is another human being just like you.

- *The Three-Second Rule:* Sometimes, you will experience approach reluctance during an approach—it does not matter if you were approaching from 2 weeks or 2 years. You will still experience some form of reluctance during an approach.

Some men are good at overcoming approach reluctance while others are not—but approach reluctance will affect you in any case.

To overcome approach reluctance, you have to approach a beautiful woman within 3 seconds of time—once you thought of approaching her.

- *The Money Game:* Give your friend \$500 or whatever you think is significant for you, and asks him to you \$100 back when you make an approach.

This will make sure that you make a minimum of five approaches to get your money back.

This money game will give an extra push to be more accountable.

If you should have practiced what I have told in the above sections, you will know by this time:

- *Beautiful women are friendly and easy to talk*
- *How you project yourself to them that matters*
- *You can become interesting to any beautiful woman if you lead your love.*

So, what are you waiting for?

Go out and practice approaching beautiful women. During the process, some women may not respond the way you expect. Some men think this as rejection from women.

"There are no rejections in life, only lessons".

The more lessons you learn, the stronger and confident you will become in life.

7 ACT—Get Your Dream Girl

1 How to choose the best places to meet women:

Ram is a single man and he is eager to get his dream girl. Per mainstream advice, he did not try getting a girlfriend in college and spent his time on studies only. He recently graduated and finally got a job.

Now he got a big problem—he did not find his dream girl at his workplace.

Whether Ram gets his dream girl or not depends on the places, he chooses to meet women.

Finding a right place to meet the women you have always wanted is the most common problem you could face when you are a single man like Ram.

You will face this type of problem usually occurs when:

- you are out of the college
- work in an entirely male-dominated work environment
- you have less or no neighborhood girls
- you have limited number of friends in your circle

If you are in any of the above situations, it is important to know the best places where women you have always wanted hang out.

Unfortunately, most dating gurus never teach you this most important aspect properly. One of the dating gurus told me several years ago when I was learning the knowledge for myself.

You can pick up every girl everywhere every way, and you can pick up even in a graveyard”. Sound so amusing and motivating to listen—but it is not true.

If you choose a wrong place or follow wrong advice, it wastes your time, effort and energy.

You will not get the results you expect. You will be less motivated to approach which is not good for your goal.

Some places without a doubt are better to meet women. The environment is the most important thing that decides the mood of a girl.

For instance, a woman cannot talk with you comfortably when her surviving signals sensing any danger—a right place is the one that decides this factor.

When choose the best places to meet women several things you need to consider.

Here are the top five aspects to assess to choose the best places:

The following five aspects will help you know why a place is better than other is.

Below are the top five things you need look when choosing a place to qualify it whether it is the best place for meeting women or men are not.

#1 Know what you are really looking for:

First, know what you are really looking for—it depends on the type of a woman you want.

If you want short-term dating experience and want an easy rock star life style you should visit the places where those type of women come more.

Perhaps, the places you should choose will not be the same as the person who just wants a long-term relationship.

#2 A place where you see the same women repeatedly:

It is difficult to create a real sense of attraction when you first meet a woman unless you are a natural or a hardcore pickup artist or guru.

Therefore, if you can see the same woman repeatedly at the same place, you will have a chance to turn those encounters into a date in second or third meeting.

#3 A place where she comes to relax, have fun and to be entertained:

If you choose a wrong place—in which a woman is in a hurry to go or under fear—you will get negative results.

For instance,

- An office place when she is busy in some task and is thinking of meeting the deadline of a project
- An isolated place where she will assume you as killer or rapist

So, choose a place where she is more relaxed and receptive and where both of your mutual goals are same.

#4 A place where you good at:

It should be a place you good at displaying confidence and passion—that automatically makes you the star.

A woman is attracted to a man, who is a leader.

For instance, charity causes or volunteering or community services are the best places if you are a natural leader.

These places are great than choosing in college pub cause you can take on the role of leader naturally.

Alternatively, adult social sports like tennis, golf, or softball games are best places if you are a great sports enthusiast.

I do not mean you should not try everywhere—what I mean some places are better for you.

#5 A place where more number of beautiful women often meet:

Go to places where a high number of beautiful women meet frequently. The more the number, the probability of meeting your dream girl is more.

Some secret exclusive clubs in the metros do attract many beautiful women. Research some of those places—whether it is your best place or not—and start visiting them for maximum benefit.

One Final Thought: variety is a key to success—visit different places. Once you identify your best place, it is still a good idea to add a variety of places to that.

At least you should be visiting 3 to 5 different places to meet women if you want to skyrocket your success with women.

7.2 Best places to meet women:

After many years of field research, I have figured out the following seven are the best places where a man can find all types beautiful women.

The best places to meet single women are where women least expect predatory men to be.

In my view, you will find women in two types of places depending on the likeliness of encountering a woman. *They are HIP & HOP*

In HIP, you have high chances for interaction with a woman as you can meet her repeatedly at the same place—I call these places as the High Interaction places/HIP.

Without a doubt, these are the best places to meet women. Example: Dance Classes, Meetup events, Volunteering, Acting classes etc., and these are really the best places if your goal is to get a girlfriend fast.

Second is HOP. In HOP, you will have a hidden opportunity to meet any beautiful woman without competition from other men as they cannot dare to approach women in these places—I call these places as the Hidden Opportunity Place/HOP.

Example: Museums, Art-walks, Coffee shops, Malls, and grocery store.

If you want girlfriend fast—I want you to do HIP HOP dance. :-)

I recommend choosing at least two HIP and two HOP to visit regularly.

Some Seven Best Places (HIP):

1. *Dance classes:*

Dance classes are one of the best places—also one of the most overlooked places—to meet single beautiful women. Women like dancing, most beautiful women are not an exception to this.

If you want to see, check out some popular dance classes—Salsa, Zumba, Western and Classic styles etc., in your city. You will have higher likeliness to interact with beautiful women in dance classes.

A Salsa class even encourages physical interaction with a partner. The environment is so warm and it forces both of you to interact physically with each other—Salsa class should be your first choice among all.

If a woman shows up there without a boyfriend or husband it is a sure sign that she is single—looking to meet someone like you. It is a fun social environment.

In all types of dance classes, you will find many single women looking to meet new men. Most interesting thing is—men do not show much interest in dance classes like women.

Chances are you will be one of the few men who can interact with many women. You will have to dance in pairs with different women—that means you will have many opportunities to know each woman quickly.

If you applied what I taught in previous sections, she will be attracted to you for sure.

Hence, join a popular dance class—perhaps, you will find your dream girl there. The added benefit you will stay healthy and fit as well.

2. *Meetup.com groups:*

If you have not been to Meetup.com before—do yourself a favor—by checking it out now.

You will have many groups with many interests. You will find just about any interest you have and a group of people meeting up over it.

For instance— it is art, or music, or skiing, or trekking, or veling—you can quickly find a group of people with the same erest.

The advantage is—you have already shared a mutual erest with these women.

You will find something you are interested in and there l be many opportunities to attend events of almost every e. In addition to your interest, I also recommend you to nsider going to the groups where women are more in mbers.

The tradition of these groups at the beginning of the event eryone will introduce themselves. You will have many ortunities to socialize and meet women while you enjoy ing something you like.

3. Community service or volunteering causes:

All people in community service and volunteering want to ntribute to the world in some way or the other.

Even a most sceptical woman will find a man who cares out saving the world as attractive.

It creates wow factor to a woman when a man can show th his masculine and his caring side. Hence, doing

community service or volunteering a cause is a great way to meet women you like while helping those in need.

You can volunteer to walk a dog at the local shelter, protes with a human rights group, build homes for underprivileged, o clean up a local park.

As it is teamwork, you will have many opportunities with women to interact easily and know well. You will have many common topics to talk.

There are many fun ways to volunteer, from coaching kid' sports teams to teach at schools.

4. Acting classes:

Acting classes are also one of the best places— and the most overlooked places—to meet beautiful women. You are required to play various roles in a skit and need to perform various characters in the play with co-stars.

You will have opportunity to flirt with many women. The great thing is you will have many opportunities to interact with gorgeous models & upcoming actors.

5. Adult social sports or adventure trips:

Adult sporting leagues are not only fun to play but also good places to meet fun girls. A woman who joins a sports team is more likely to be outgoing.

As I mentioned before, Meetup.com allows people to pursue many types of interests. The great thing is these sports help you fit and give opportunity to women with same interest. Check out any of the following interests you have:

- Tennis
- Badminton
- Volleyball
- Softball
- Golf
- Trekking
- Mountain Climbing
- Biking and much more

6. *Yoga classes:*

If you are the type of man who loves getting into shape and staying fit, then Yoga classes are right for you.

Think about taking a fitness class like yoga—it is comfortable to socialize.

It is easy to come up with something to say after a session. Therefore, this is a natural opportunity to know a woman without any pressure. Be regular to the class.

You can also join a Gym—but give priority where you can meet more women. A gym is usually a male dominated environment.

7. *Pubs:*

Pubs are one of the best places if you enjoy partying more. Typically, you will find hot attractive women at these places. Find out few popular clubs in your city to start visiting them to find more women that are attractive.

The Seven Best Places (HOP):

In addition to the above places (HIP), there are seven best places (HOP) such as following:

- *Travel*
- *Museums*
- *Coffee shops*
- *Malls*
- *Grocery stores*
- *Amusement Parks*
- *Busy Streets & anywhere you have an opportunity to approach a beautiful woman,*

No

Why?

What was Ram's wish?

His wish was to get a dream girl as his girl friend.

What did Ram do in this day-to-day life?

His activities could make him a better student, a better employee but could not get his dream girl.

Why was Ram unsuccessful with women?

There was a big misalignment between what Ram wished and what Ram did.

None of his day-to-day activities brings Ram closer to his dream girl.

Find out that big misalignment between what you wish and what you do

Like Ram, most single men, only pay attention to what they see at moment. They only wish and hope for a dream girl but they do not take any right action to get her.

These single men look at men with beautiful women and say things like—they are rich, they are handsome or they got luck—and I can never be like them.

What most of these single men do not see is what they had to overcome. These men cannot see all the fears, rejections, criticism, struggles, and all those lonely nights those successful men have gone through in the past.

The time, effort, and energy they invested in learning to attract women while trying to make their dream a reality.

The only difference—between the one who is successful and the one who is not successful with women—is how to lead the love:

- *The one who is successful with women learned from a proven mentor every day.*
- *They tried to overcome their fears every day. They approached every day.*
- *They pushed themselves every day. They improved every day.*

- *Finally, they learned how to “lead the love” and became successful with women.*

“When faced with an opportunity to meet a beautiful man, the fear holds back most single men” The one gets the man is the one who ACT.

**“When faced with an opportunity to meet a beautiful woman, the fear holds back most single men”.
The one gets the woman is the one who ACT.**

So, take action and “Lead Your Love”

Why Ram is only wishing for his dream girl and not taking any actions that are necessary to get his dream girl?

The answer is information over-load. With technological advances over the decades, we spend most of our time online.

What Ram used to do was spending most of his time online. Most of his communication was virtual through email and social networking sites.

The information—news, soap operas and pass-along messages and rumors—he consumed was not reliable. Social conditioning had already influenced his mind.

Hence, what Ram wished and he did was not in alignment.

Out of luck, even he found his dream girl he would not be successful with her—he did not develop the ability to recognize subtle human behaviors in different situations.

He would fail to identify subtle clues in her body language and facial expressions. This could result in misrepresenting her actual intentions that could lead to terrible outcomes.

There is no wrong spending your time online for sometime—but it should never exceed your real world experience. Man, spend more time with people

4 Here is how to get your dream girl:

Hey Man, Have you ever asked—yourself—the below questions? These questions will help you identify whether you have a life that gets the women you wish.

1. *How many female friends you have and how many of them are good looking?*
2. *How many friends do you have in the past or present that have beautiful girlfriends?*
3. *How many people do you think you know are interesting?*
4. *What is the number of women you interact in a week?*
5. *How many days in a week do you actually hang outside?*
6. *Do you work in an environment that has women?*
7. *How frequently do you travel?*

8. *What places do you visit?*

9. *What was the last vacation you went and what was that & with whom?*

10. *Are you comfortable in speaking with strangers?*

If get answer as No to many of the above questions—assume that you do not have a life that gets you beautiful women.

Get a real life that gets you—your dream girl:

Man, get a life. If you were a man who sucks with women guess, you would not be very happy with what you are doing. You are not living the interesting life you should be living.

Go out into the real world. Start meeting other people with the same interest you have.

Do all things from above list of questions—align what you wish and what do—you will get a real life that gets your dream girl

5 Action plan—how to implement what you learned:

Hey Man, “Nothing you learned will give the results unless you act, so there is no right time than the present. So ACT NOW”

Here is your plan of implementation

Task 1: Become familiar with unfamiliar:

Time line—minimum 30 days

Learn and improve basic social skills as I mentioned earlier. On an average in a day we come across at least 10 people who are strangers to us.

How many times a day—when you are in the proximity of someone you do not know—you initiated a conversation.

Henceforth, make it a point:

- Speak to at least five strangers a day— $5 \times 30 = 150$
- What if you speak to 10 people every day—which are 300 conversations per month.

- You must converse with minimum 5 and maximum 10 strangers in a day. It will remove all social fears and make you a good communicator.
- Start talking to everybody— smile with everybody you meet— make an eye contact— say Hey and have a small talk.
- Do this at least for 30 days in a row.

Remember, any time you talk about irony—common human experiences in a humorous way—it bonds people together quickly.

Task 2: Get a habit that gets a girlfriend:

Time line—minimum 30 to 90 days

Make a habit of visiting HIP (High Interaction Places).

Join a dance class—or any other one I mentioned in the seven best HIP—for at least for 3 months to a girlfriend fast.

In these places, you will surely get a girlfriend quickly as you meet same women frequently.

Task 3: Variety is key of life:

Time line—90 days and beyond

Make a habit of visiting HOP in addition to HIP on every weekend for at least 3 months and make it a habit.

The point is once you complete all the 3-tasks, they must become your habits. We live in a world that pushes us—towards quick fixes, magic pills, and instant gratification.

Guess what!

A Quick fix breaks quickly,

A Magic pill disappears magically

An instant gratification makes us vulnerable instantly

Your success depends on the small changes you make in your day-to-day life—and following those changes consciously in every single day.

Finally, never live your life for others.

The irony of life is when you think too much of what others think of you— they usually think worse of you.

Do not bother about what others think of you.

You know who you are—what is your purpose in life.

You are a superior man—a leader.

Proof